NOVEMBER 4 — 10, 1978

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SWAYAMVARA: The Latest In Boy Meets Girl

THE GARLAND CANAL SCHEME: Will We Beat The Floods Before They Beat Us?

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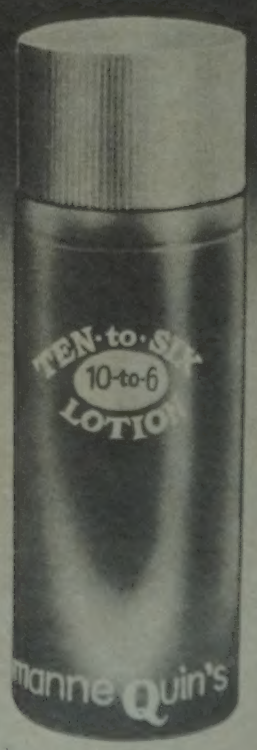

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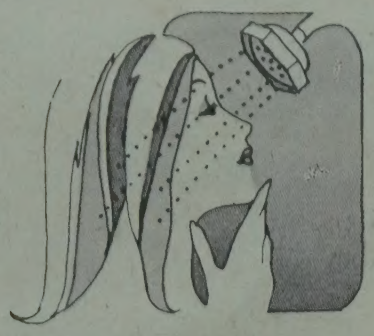
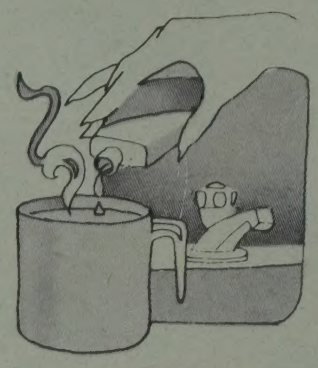
Must you suffer chapped skin and cracked lips every winter? Protect yourself these four ways!



1 All those hot, steamy baths you have every winter morning don't help a bit. You end up losing vital moisture and your skin becomes scaly and dry. Bathe in tepid water if you can't stand the thought of cold baths.

2 If you don't have the time to oil yourself, try this quick, simple alternative. After your bath, put in a few drops of olive oil—even coconut oil will do—into a mug of warm water and splash it all over your body. Then just pat yourself dry with a towel.



3 Those winter winds raise a lot of dust. And dirt and cracked are a dangerous combination. A good home remedy is a 'maida' a milk paste rubbed into the skin. Just see the dirt come out and you skin glow.

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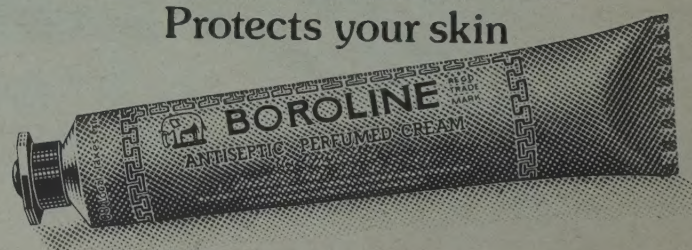

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MUSARRAT KASHMIRI

"I was dazed and in a trance — happy to be somewhere on the ladder of fame and recognition on the very first attempt," said intelligent, 18-year-old Musarrat, when asked about her reactions to being chosen runner-up at a couple of beauty contests held recently in Bombay.

A smart young teenager, Musarrat is doing her second year B.Sc. at Elphinstone College. Bombay. An outstanding student of St. Joseph's High School, Musarrat won a number of elocution competitions and also represented her school in drawing and painting competitions.

Musarrat enjoys painting in oils and etching, loves reading and all outdoor games. She is an active member of the N.C.C. An upcoming model, Musarrat would like to model for a couple of years and simultaneously take up medicine after B.Sc.

Photograph : Farokh Reporter.

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this week

THE GARLAND CANAL SCHEME

In spite of the 700 crores of rupees that have been spent since independence on flood control, floods continue to wreak havoc on different parts of the country every year. Another 600 crores of rupees are to be allotted to flood control in the next draft plan — another huge amount of money is about to be wasted. On the other hand, Dinshaw Dastur's Garland Canal Scheme could solve the flood problem and several other problems permanently if Rs. 15,000 crores could be spent on putting it into action now.

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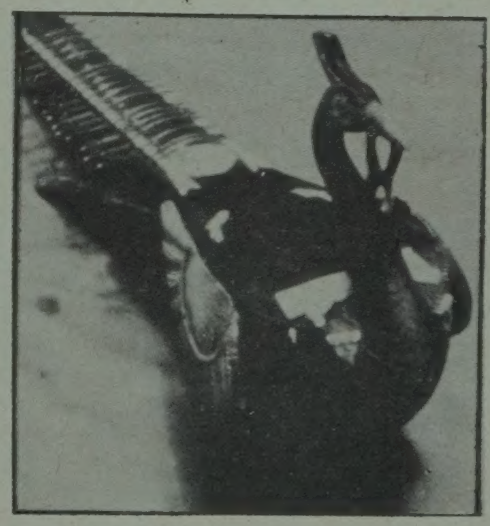

TREASURES OF ART IN EVERYDAY LIFE

The Dinkar Kelkar Museum in Pune houses one of the most unique private collections of art and artifacts in the whole country, the result of a life-time of devotion to the cause of art on the part of one single, grand old man with tremendous artistic vision. Unfortunately much of his work has hitherto gone relatively unnoticed. But in November this year there will be a Dinkar Kelkar Museum Festival. A colour feature.

Page 14.

DOPES: FROM 'KICK' TO SELF-DESTRUCTION

The doctor discusses the practice of taking drugs, often started "just for fun" and usually ending as a serious problem.

Page 47.

SWAYAMVARA

A new form of boy meets girl has recently come into being in Bombay. With notices in the press stating time and place, weekly meetings are organised for unmarried men and women to get together for the express purpose of choosing marriage partners. An eyewitness account of the proceedings and conversations with both the organisers and some of the participants.

Page 9.

ALSO

The lives of telephone operators — **Page 11** Women enter the mines in Australia — **Page 17** Film Interview: Shashi Kapoor, "Why can't a woman be more like a woman?" — **Page 43.**

REGULAR FEATURES

Your Page/**7**, Quiz11/**11**, People Known & Unknown/**13**, Children's Page/**20**, Beauty/**23**, Comics/**25**, Fashion/**28**, Cookery/**33**, Passing Through/**38**, Short Story/**41**, Madam I'm Adam/**51**, Frankly Speaking/**51**, People & Events/**52**, World of Eve/**53**, Answers to Quiz 9/**53**, Horoscope/**54**.

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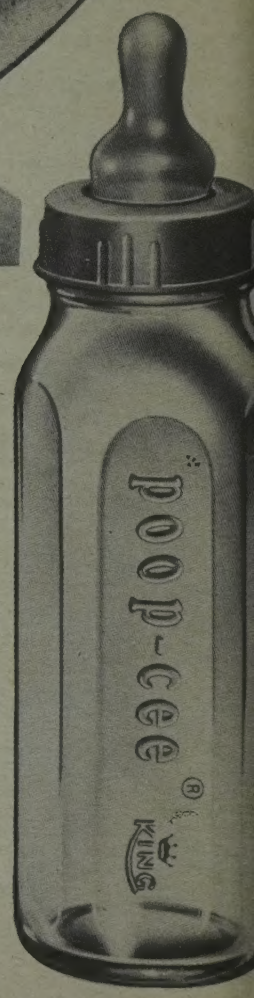

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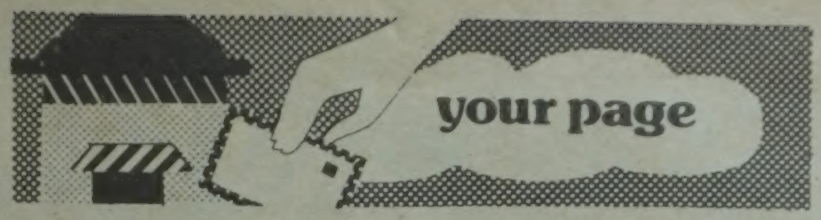

Do you have anything to say? Then say it here. We pay Rs. 25, 15 and 10 for the three best letters.

1st prize

WOMEN MUST WORK

If an Indian woman, who is an educated person in her own right, is content to sit at home and peel potatoes, that is her own lookout. But what does concern us is this wanton wastage of a good education. Even in this day and age, Indian women regard education as simply a necessary evil and a stepping stone towards that state of euphoria known as 'marriage'. And when they do acquire marital bliss, they put all thoughts of Euclid, Shakespeare, Newton and suchlike, permanently from their minds. The only times these intrepid housewives require the use of mathematics is when totalling the prices of tomatoes, turnips and cauliflowers — always providing their husbands have not presented them with electronic calculators. Disregarding the most fundamental laws of biology, they appear to think that babies are divine gifts implanted in them by their generous and altruistic husbands.

This, then, is the average 'educated' Indian women who fritters her life away after marriage. Obviously she does not consider it worth her while to make any useful contribution to society. But even if Indian women refuse to acknowledge their debt to society let them at least be aware of the debt they owe themselves. There is no point in spending the best fifteen years of their lives getting educated, if the next forty-five are spent in eliminating this education from their respective systems.

Miss Shobhana Ahluwalia, Calcutta

The eternal tussle — should women go out to work or sit at home and mind the babies. We agree that education is not for frittering away, but we would not really make hard and fast rules for every woman. It's a question of choice, of getting your priorities right.

2nd prize

WOMEN MUST NOT WORK

I personally feel, this craze for working among our women is going too far. I know that everyone has the right to work for a better and decent living, but that does not mean sacrificing the very purpose of life, for a few rupees. Many of our women madly run after jobs, even when there is absolutely no necessity for that, totally involving themselves in their work throughout the day and conveniently forgetting the most important mission of their lives — to look after the children and the home.

I firmly believe that nature has bestowed some responsibilities and duties on women as mothers, which no one can replace. The proper bringing up of children is of the utmost importance to every woman. I have now been deeply convinced that without good mothers, there can't be good children and without good children, there can't be good citizens. I have come across many women who are working just to keep themselves away from daily household chores and enjoy a carefree life outside. If someone tells me that even a working woman can look after her children, I will be reluctant to accept this version, because hardly one percent of women can claim this feat. Can't such women, who do not need a job as an economic necessity, keep themselves away from such a folly? If they can resist this temptation, they will be doing a great service to our country and giving sublime love to their children and husbands.

Mrs. Pratibha Harsole, Indore

A lot of stay-at-home wives seem to feel working women have a gay time. This is not true. We have known of many spoilt brats and delinquent children whose mothers never went to work.

3rd prize

CITY CHILDREN

We sent to our parents, who live in the city, a photograph in which my husband and I were looking very proud of the fish we had caught. We were very amused when we got a lovely letter from our 6-year-old niece asking "Is the fish real or plastic?" This set me thinking and it made me very sad to realise that children, in the city, miss all the simple pleasures of life. I have always lived in a city and have moved into a small town recently. I now realise the happiness and pleasure children get from nature — running barefoot on the grass, climbing fruit trees to test and taste if the fruit is ripe, watching flowers grow day by day, and so many other countless, wonderful things.

It would be marvellous if schools in cities organised outings into the country once a month. I am sure children would have great fun running around in the wide open without being hampered by any enclosures. I am sure they would be equally thrilled to see birds, cows and horses in their natural surroundings. Of course they would get their greatest thrill by actually seeing for themselves things which they normally see in books and photographs.

Mrs. J. Das, Ahmednagar

Yes, it's a shame that city children grow up so ignorant and oblivious of the beauties of nature. We suppose most schools do have picnics and outings, but whether these are used for appreciating nature or for just eating and dancing, is a moot point!

LIVING STANDARD

The paradox of Indian economic conditions today is the high cost and low standard of living of the average family. While on the one hand salaries/wages are rising due to increased D.A. etc., the families of average-salary earners are not able to maintain themselves at the same standard of living which they had say, ten years back. This is largely because of the fantastic rise in prices of commodities of daily use such as cereals, pulses, sugar, milk, fruit and vegetables, vegetable oils, cloth, footwear, etc. The main brunt of this alarming situation has to be borne by the housewife, as it is her headache how she manages. She cannot even complain to the bread-winner because she knows that he can do pretty little in the matter. He has no savings and (except in the case of profligates) the pocket money that he keeps for himself is barely adequate for his daily needs such as bus fare, office tea/snacks, occasional office parties, which he cannot avoid and cigarettes (if he is a smoker). In such a situation how about a new scheme of insurance for each hearth and home for the continuance of a minimum standard of living, irrespective of price rise or loss of husband's job or fluctuations in his income?

D.C. Jain, Bombay

Old schemes haven't worked, and you're talking of new. There are so many yet unemployed and you're talking of alleviating the lot of the already-employed. We cannot begin to talk of "better standard of living" until we achieve a standard of living for everyone.

READER'S VOICE

ASTROLOGY

"Astrology : Science or Fake," by Shivanand Karkal (September 23), was interesting and informative. I would like to add the following to the article.

Astrologers claim to be able to see into the future by looking at the stars but actually they cannot even see what is happening now in the stars. As a matter of fact, they are looking into the past, because the stars are so far away that the light that enters the telescope today must have left them years ago. The light from B Crucis which they see today left the star about the time that Columbus discovered America! The light that is reaching us on earth today had left Canopus when the Rani of Jhansi was fighting her battles! (Vivek Soley, Indore)

TOURISM

I was interested in the critical article, "The Vast Potential of the Indian Tourist Industry." (Sep. 23). For a tourism degree student like me, it was very useful.

The writer, Bharati Chatterji had stressed the need for youth tourism in her article which appeared in the Eve's Weekly issue of December 31, 1977. Now she is opposing (not opposing, perhaps, but at least dismissing as useless) the building of new, inexpensive hotels. I wonder how low-budget young travellers can be accommodated if there are no middle-class hotels. (S. Pushpanathan, Palani)

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SWAYAMVARA:

SEARCH FOR PARTNERS

Shoma Sen

In the revival of this ancient royal form of marriage, Swayamvara has been democratised. The prospective bride and the bridegroom are ordinary middle-class people. And instead of beauty or wealth and valour, today it is a search for companionship, understanding, happiness

When I first heard of swayamvara I thought it was a big joke — all sorts of frustrated unmarried people coming together as a final resort to pick their partners. But after having seen a swayamvara and spoken to some of the participants and the organisers, I feel that though there are amusing and absurd aspects to this thing, getting married in such a way is also somewhat pathetic.

The gentleman who conceived the idea of swayamvara does not want his name disclosed. The first swayamvara was held at Podar College on June 10 last and 30 men and 30 women attended. Some 10-15 couples have already been married this way.

The main aim behind the scheme is to avoid the interference of parents and matchmakers. It is a social welfare scheme, and not a profit-making venture, said the organiser. The money collected is used for the hall, microphones, chairs, etc. This gentleman is himself a bachelor, and participates in the swayamvara as a candidate. He leaves one Mr. Damania to conduct the mettings.

SELF-CONSCIOUS

How exactly are these meetings conducted? Every Saturday, at 4 p.m. (and if the hall is not available, then Sunday 2 p.m.), the swayamvara takes place at Bharatiya Vidya Bhavan, near Chowpatty. On the ground floor forms are distributed. Women get the forms free; men have to pay a rupee. The participant's name, age, caste, occupation and monthly income is to be filled in. On filling a form, one becomes a candidate and receives a card with a code number on it. This card the candidate is expected to wear pinned at the shoulder.

In the main hall on the third floor two sets of chairs are placed facing each other where the candidates sit. Each set has three rows. Around this arrangement are a few more rows of chairs for 'observers'. There are two microphones, one on the dais, and the other at the head of the rows of chairs.

The day I attended the meeting, as an observer, there were about 18 women. They all wore saris, one or two in the Gujarati style, with their hair in plaits some adorned with gajras. The ages of these women ranged from about 27 to 35. Some had come because owing to some snag — no fault of their own — they had failed to have an arranged marriage. Others had come because they were against an arranged marriage but had no opportunity to mix freely and meet men in their own society. There were some well-educated as well as working women.

The men, about 40, were more varied in looks and class background. Their age varied from 23 to 60, their incomes from Rs. 175 to Rs. 1,500. The 'observers' were parents or relatives of the girls or those who had come to see before deciding to participate.

As the swayamvara began, Mr. Damania went up to the mike and explained how it would be conducted. Then, one by one, the men came up to the mike with their forms in hand. This form (except the caste) was read out, along with the candidate's code number, while the girls took note. Most of the men were very self-conscious as they stood at the mike.

'A PROPER CHOICE'

In the last line of the form where the candidate's preference is listed, most men had asked for "a proper choice." Some wanted a "good match or a homely wife". One man sought a wife with "a mixing nature" and another preferred "a serviceable girl". A few had asked for widows and divorcees.

After the men, the girls were called to the mike. They stood quite far from the mike, eyes cast down. The introductions over, the girls were asked to make their choice. A woman would ask to meet number so and so, and if the man agreed they talked alone to each other for a few minutes, and went away. If two men wanted to meet one woman she would be introduced to both and asked to choose. The swayamvara merely brings consenting people together, after which it is left to the couple to come to know each other better.

While all this was going on Ratan Rajda, the chief guest, arrived, spoke a few words praising the group and went away. A couple who had met through the swayamvara and who had decided to marry, spoke on stage about their experience.

All the participants I spoke to had very peculiar contradictions and dilemmas. The middle-class moral code, the oppressive social norms were suffocating limits. But in attempting to get out, these people were making just a chink in the wall, instead of trying to break it down. None of the candidates was, really speaking, broad minded or liberal. Yet, the men found women not broadminded enough. But what was their idea of a wife? Well, someone you get to meet before marriage, whose consent you get before marrying her, someone you can have an "understanding" with. But someone whom, after all, you can control. Even a Canada-returned Sindhi gentleman said he wanted a wife who'd dress in a sari, serve him his food and eat after him. Mr. Vanraj J. Asher, a businessman, wanted a wife who had good features, good height, good understanding of how to run a home and who could carry herself in society. He would like her to work. Why? Because wives who stay at home become bulky. He wouldn't mind her wearing fashionable clothes, but obviously within limits.

The attitude of the women can be seen in what a Parsi gentleman had to say. He wasn't able to find a suitable match among the Parsis and came to the swayamvara. Here the girls he met asked him why he didn't marry a girl from his own community. We want a husband of our own caste and community, they told him.

There was a young doctor — sincere, intelligent, and understanding. To him, proper understanding between husband and wife was essential in marriage. He is struggling in life and wanted a wife who would understand his struggle and help out. He sought no academic qualifications or dowry. But he found the girls he met too pushy. Without getting to know him they were eager to get married. Some were attracted by his degree. He wants a girl to like only his character.

The girls at the swayamvara came either with other girls, friends or with chaperones from home. They felt that though they wanted freedom of choice, it was absolutely necessary to get parental consent before marriage.

Most of the candidates were very pleased with the way the swayamvara was conducted. An old Gujarati 'observer' said, "It's good, because after a certain age girls don't get a chance to marry. In our society, they look down upon them. We must be kind to such people."

CORRECTION

The heading of the article on Miss Nirja Kumar in our issue dated October 7, 1978, described her as a children's psychiatrist. She is, in fact, a psychological consultant.

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TELEPHONE OPERATORS

Meher Castelino

Rarely does one come across a telephone operator who wants to take up another profession. What is so engrossing, satisfying about this simple career? And what does it take to be a successful 'voice' for a company?

A telephone operator requires very little training. She can learn the operation of a board in just a few hours. The job requirements are also very few, as the personnel manager of a limited company explains. "I look for a pleasant voice and a good command over English. The girl need not be a beauty queen since our telephone operators are not exposed to the customers. A cool temperament is what every telephone operator must possess, plus the ability to handle work under pressure. Women are definitely preferred to men because very often the image of a company is created over the phone by the telephone operator's voice, and I don't find men suitable for this."

Anita Fonseca started out as a typist soon afer leaving school in 1962. Her company also taught her telephone operating. "I didn't have to spend for it. They had a male telephone operator but after I learnt the board I did both typing and telephone operating." Anita's company next encouraged her to take up shorthand. Soon telex operating followed. She was finally appointed receptionist-cum-telephone and telex operator.

Sarala, who started out as a private secretary, switched to telephone and telex operating as she found it more interesting. "I know I can get much more as a personal secretary but being a receptionist-cum-telephone operator is more challenging and interesting. I get to meet a lot of people; one learns to judge people and their moods just by hearing their voices."

Gwen Carr (60) has completed nearly 32 successful years in her company as a telephone operator and will retire next year but "I would love to carry on working." An ex-Army WAC, Gwen joined her company as a typist on a salary of Rs. 80 in 1946 after drawing Rs. 375 in the army. "I started at the bottom and worked to the top. In those days there were male telephone operators, but my boss asked me to learn the board. Soon I had replaced the man. New responsibilities were given to me, like filing, despatching and attending to VIPs. It was the type of job I was happy in and although I am married it has never interfered with my private life. I go home in time to attend to my household duties."

In her 32 years' service Gwen has watched her company grow and her bosses change from Englishmen to Indians but "I still operate the same board I started with on my first day."

Telephone operating classes are mushrooming all over India and every company, big or small, requires a telephone operator the minute it sets up an office. The head of a telephone operating school feels that "girls are definitely preferred to men. Only in very stray cases where the company is totally male-oriented and they have never had a woman on their payroll is a man employed. But even in such cases the taboos are gradually breaking."

What type of training does a girl get as a telephone operator? "We first teach her the basic working of the board. Many girls prefer to add either typing or telex operating which gives them a slight edge over their competitors. The next step is cultivating a good speaking voice. Christian and Parsi girls require the least training as their English is generally good and many companies prefer them. But now telephone operating is popular with girls from all communities."

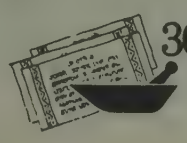
Sarala, Anita and Gwen all have a cool nature, sharp ears and tremendous patience.

"A telephone operator has to say 'yes' to everybody and then judge who should get top priority," said Sarala.

"Speed in getting numbers for the staff helps, along with a good memory for voices and numbers, since we can't afford to look in the directory every time," said Gwen.

How much does a telephone operator expect to earn? "Starting from a mere Rs. 200 per month she can go up to Rs. 1,000-1,200 if she is in a big company and handling other responsibilities as well," said Maria, who started as a telephone operator and is now on the executive cadre of the company and handling public relations work as well as looking after VIPs.

So much for the advantages — but like all jobs a telephone operator's also has its moments of thanklessness. "Rude, impatient staff think a telephone operator has four hands," said Sarala. "Sometimes cranks call and jam the lines which slows down work," said Anita.



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Dabur Chyawanprash raises the total body resistance, and is also indicated in coughs and colds.

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Dabur Chyawanprash helps build alertness in children and develops the faculties in old age.

4. Has anabolic properties
Dabur Chyawanprash helps in the upbuilding of the body.

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Eve's Weekly — Quiz Contest - 11

HEGMAN

1. What do the colours in the Indian national flag stand for?

2. "I have promises to keep and miles to go before I sleep, and miles to go before I sleep" are lines from a poem found by the bedside of Pandit Nehru when he died. Name the poet and the title of the poem.

3. Recently, Chairman Hua Kuo-feng of China made the first trip westward in 21 years by a Chinese Head of State. Name the three countries he visited.

4. Give the date of birth and the astrological sign under which the world's first test tube baby Louise Joy Brown was born.

5. Which country has made the most frequent use of the 'veto' in the U.N.?

6. What are the working languages of the U.N.?

7. On September 9 this year the world celebrated the 150th birth anniversary of a famous Russian writer. Name him.

8. Who is generally regarded as the lawgiver of Ancient India?

9. What name is commonly given to infectious parotitis?

10. Recently the World Cup Hockey tournament for women was held in the capital city of an European country. Name the city.

11. Against which disease is B.C.G. a vaccine?

12. What is the unit of currency in Hawaii?

This is the eleventh of our Quiz Contest series.

Eve's Weekly offers a cash prize of Rs. 50.00 to the winner — i.e., the person whose all-correct solution is picked up first from among those received on or before the deadline. This is to give an equal chance to contestants from outside Bombay. The deadline for Quiz Contest No. 11 is November 11, 1978.

There is no entry fee. Please mark 'Quiz Contest 11' on the outside of your envelopes.

The answers to Quiz 10 will appear in our issue of November 18.

The answers to Quiz 11 will appear in our issue of December 2.

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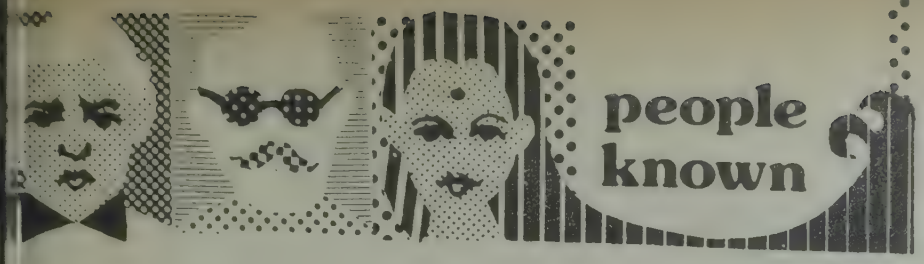
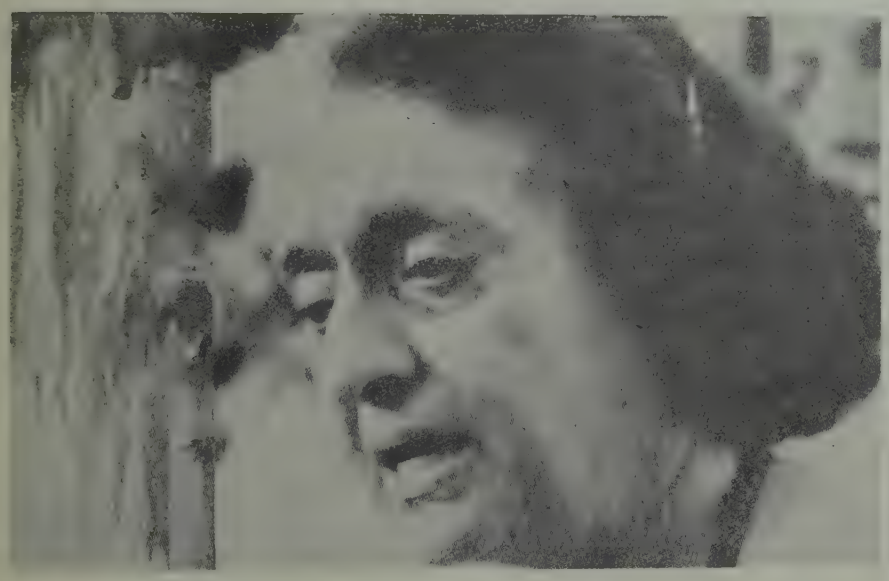




A cartoon in a popular daily warns against "counting the Chikmagalurs before they are hatched", but most people are doing just that. Supporters of **Indira Gandhi** have already taken her victory in the coming election from that constituency for granted. Devraj Urs has stated it is **his** election as much as Indira's that is being contested. And political observers on both sides of the fence are planning their future moves. All told, Mrs. Gandhi is back in the limelight with most of India watching her with keen interest.

* * *

The **Dalai Lama** is not an unpunctual man. His arrival in Tokyo five days after the scheduled date of the World Fellowship of Buddhists' Annual Conference was the result of circumstances beyond his control. The Tibetan leader-in-exile was refused a visa by the Japanese government, just a few hours before he was to leave India for the conference.

By the time the decision was reviewed and the government of Japan had decided to grant the visa conditionally, with a 'clause' that the Lama should refrain from making political comments while in Japan, five precious days had passed. No wonder the Dalai Lama felt he was being given a hard time by fate. "I am a flower in need of water," he said sadly to supporters in Tokyo when he finally reached that city. And indeed, it seems as if only his deep moorings in religion are keeping him from wilting despite adversity.

* * *

His experience with "Julia", the film which gave him a handful of awards and Oscars has obviously given Producer **Philip Roth** a liking for the unusual. The producer, who was recently in India for the film festival organised by the World Wildlife Fund, announced that he planned to make a longer visit to this country... to make a film. If "Julia" was unusual because it was one of the first major "women's films," Mr. Roth's new venture will be unusual because it will be a kind of "animal film," with tigers playing an important role. An American production, the film will however employ a team of Indian technicians and, of course, Indian tigers.

* * *

Just when his detractors were saying that he was finished after all, and that his singing career was at an end, **Talat Mahmood** staged a successful come-back. The velvet

voiced king of ghazals held a large audience spellbound recently at the Birla Matushri Sabhaghar in Bombay. Despite his recent illness — he had just recovered from a massive heart attack — his voice showed little sign of strain. And the large gathering that turned up to hear Talat proved that his popularity has not waned either. Isn't it time that some intrepid director or producer gave this gifted artiste a chance for a come-back into playback singing too?

* * *

If Jesus Christ could spread his message without the help of the BBC, and the Buddha could teach the path to Nirvana to his people without a television network to assist him, he can do it too. So **Acharya Rajneesh** believes.

In a recent statement to the press, the colourful swami, who is as popular as he is controversial, blasted the government's ban on filming the activities of his ashram. According to the Acharya, politics and politicians are the "worst things that have happened to the world". He does not say it, but the implication is there, that godmen are the best thing that could happen to mankind, not only because of their proximity to godliness, but also because they are the politicians' natural enemies.

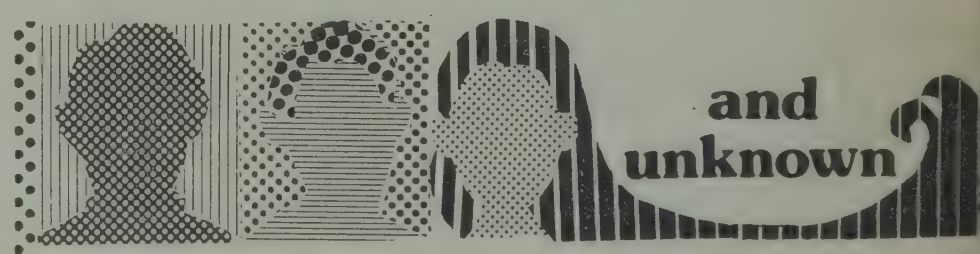
Not that the ban on the filming of his ashram has upset or curbed the swami in any way. He claims that well-known networks from all over the world have already made films on his ashram for foreign audiences.

* * *

Another year of suspense has ended in disappointment for novelist **Graham Greene.** Despite being on the probable list of Nobel Prize winners for the past so many years, and despite being one of the top favourites this year, the Nobel Prize committee rejected his claims and awarded the Literature prize to a complete 'outsider', Issac Bashevis Singer. The choice of Singer came as a surprise to almost everyone, Graham Greene included. The little-known writer is a Polish Jew who lives in New York. and writes only in Yiddish.

However, Mr. Greene is not alone in his disappointment... Turkish writer Yasar Kemal shares the feeling with him, being another keen contender for the prize for the past so many years.

* * *



Siddarth Kishore Dev Verman and Simmi Arora have made their alma mater proud. Both youngsters, students of the Kendriya Vidyalaya, Agartala (Tripura), have bagged prestigious awards in international competitions. Simmi won the first prize in the 20th World School Children's Art Exhibition organised by the Korean Children's Centre.

Siddarth has won the Vice-President's Gold Medal in the Shankar's International Competition for his 280-line poem called "Memories", bagging the prize for India for the seventh time.

Compiled by Sathya Saran

Treasures Of Art

The Raja Kelkar Museum, a treasure house of unique objets d'art, is the result of a single man's lifelong devotion to art.

The Raja Kelkar Museum in Pune houses a unique private collection of art and artifacts. This astounding assemblage of treasures is the result of a lifetime devoted to the cause of art on the part of one single, grand old man, whose artistic vision and courage brought it into being. For nearly 60 years Dinkar Gangadhar Kelkar searched out, acquired and placed under safe custody, all those artifacts and works of art. The museum contains approximately 15,000 pieces of the best examples of the Indian creative urge and artistic genius.

He first turned his attention to intricately carved wood and bronze Northern temple doors. Then he expanded his acquisition to every conceivable object of beauty and antiquity. He has spared neither energy nor money in the pursuit of his goal.

The main floor of the museum displays some of the best examples of South Indian wood carvings, gunpowder boxes of shell and painted wood, coats of arms bronze shields, indoor games, etc. In a vestibule leading to the second floor there are painted panels of mirrors for use at festival times. On the upper floors is a large collection of musical instruments.

No student of painting can afford to neglect this museum. There are Kangra, Moghul, Rajput and Malwa paintings as well as paintings on cloth. There are also masks and puppets, icons of Ganesh and Krishna, and ancient household goods, such as pots and pans, ladles, nutcrackers and a marvellous collection of all kinds of lamps.

The museum was originally the joint family home. It was rebuilt in 1958 when Kelkar managed to transport, piece by piece, the Mastani Mahal, a nearby palace built by Bajirao I around 1735 for his Muslim consort. The palace was reassembled in the reconstructed home. Since then a a third floor has been added, but lack of space still plagues Kelkar. He wants to build a separate women's museum.

Unfortunately, Kelkar's work has gone relatively unnoticed by both the government and the general public. It is being brought to the attention of a wider public by Dr. Mulk Raj Anand in a forthcoming issue of **Marg** magazine. "Treasures of Art in Everyday Life" will be devoted to displaying the contents of the museum and spreading the message of its founder, which is that a mechanized society threatens the very inner life of man.

The **Marg** issue will be released in November, coinciding with the Dinkar Kelkar Museum Festival, dedicated to Dinkar Kelkar. Sponsored jointly by **Marg** and the Government of Maharashtra, the festival will be held at Tilak Mandir Hall in Pune from November 2 to November 8. It will feature performing arts related to everyday life, clas-

sical music, early Marathi films from archives, documentaries and lectures. In addition, 50 important objects from the Raja Kelkar Museum will be displayed in the Tilak Mandir garden, to show their use in daily life.

1. An unusual Veena with a peacock base.

2. An eye-catching lacquer-painted gunpowder box.

3. Navagraha playing cards in typically Indian motifs.

4. Chaupad Players — Maratha painting.

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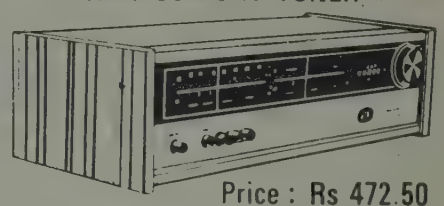

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DINSHAW J. DASTUR

GARLAND CANAL— A FLOOD OF PROSPERITY

Shivanand Karkal

"The Garland Canal project is a modest but practical attempt to transform the Indian countryside, to harness Nature's precious gifts which are being frittered away. Radical in its approach, it integrates into a new format for development the monsoon waters, the great mountain ranges, the Himalayan snow, the river valleys, the arid deserts, and above all, the people of India, into a gigantic mosaic of common endeavour to salvage our society.

"The scheme envisages bringing to life an additional area of about 540 million acres of land and settling 900 million people in gainful occupation, as history's greatest experiment in man-environment symbiosis."

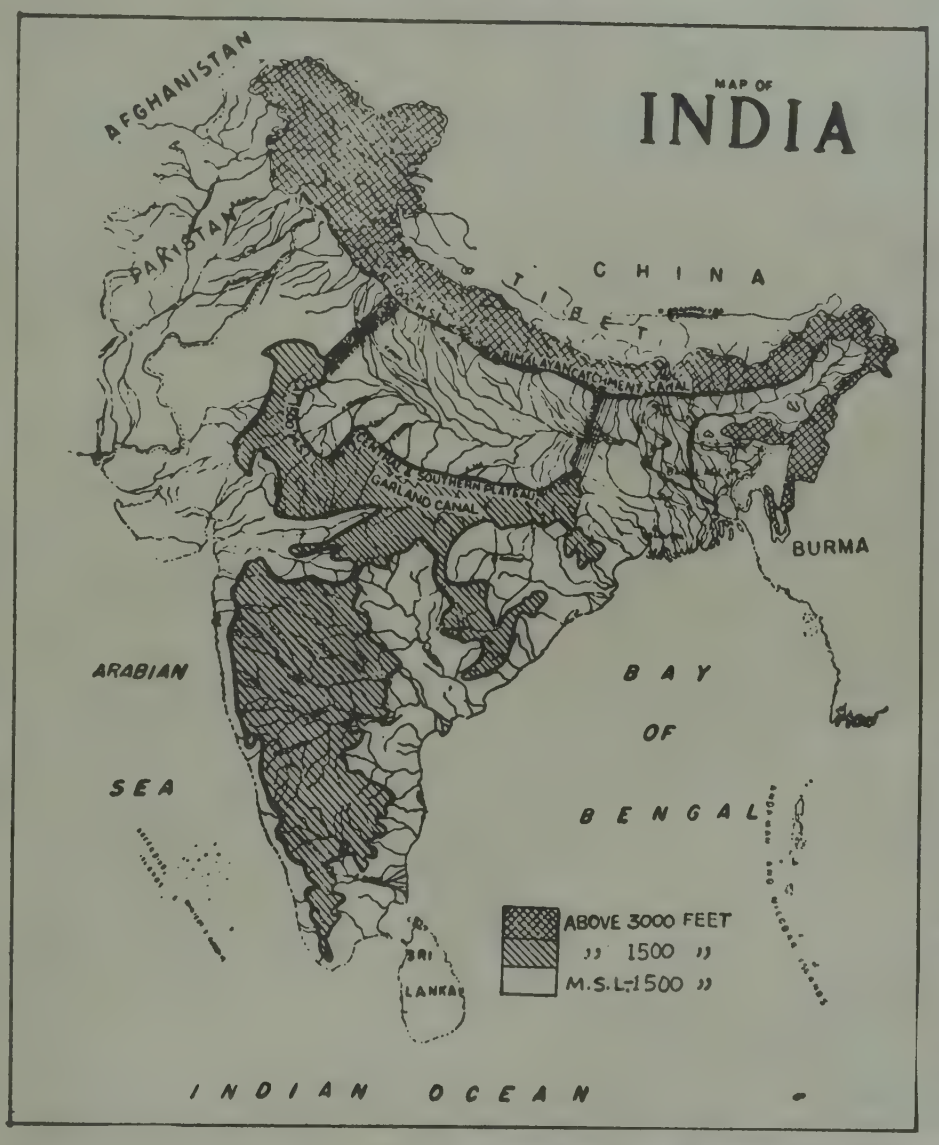
With these words, Dinshaw Dastur begins his "Report on Project Garland Canal for India". And a dream unfolds before you, a dream that he first had more than forty years ago, when as a young aviator, a brilliant engineer who had taken a flying job because engineering did not pay him enough, he set out on an Odyssey of his own — special flying missions across glacier and desert, surveying water-holes and underground water-tables, dropping food packets and clothing during droughts and deluges alike.. "It was quite terrible," he recalls. "The carcasses. . . the bodies floating. . ."

That trauma gave birth to project Garland Canal — a revolutionary scheme that presently has the limelight of the mass media firmly focussed on it following the catastrophic floods in the north. The Dastur scheme is enjoying a reincarnation in the public eye. It promises to banish floods and droughts once and for all from the face of the Indian subcontinent.

But public enthusiasm and governmental approval are two different things. Before considering what the government proposes to do about Dastur's brain-child, let us examine what it will achive and how.

Essentially, the project envisages linking the Ganga-Brahmaputra basins of north India by a 4,800-km-long Himalayan Canal, and the rivers of peninsular India by a 10,440-km-long Central and Southern Canal. Besides these two main canals, which will be inter-linked, there will be a number of subsidiary canals and integrated lakes.

As Mr. Dastur said in an interview, "With a system like this, we can shunt millions of acrefeet of water across the country in a day." Thus, according to the scheme, the subsidiary canals of the Himalayan Canal alone will be capable of distributing 17 million acrefeet of water in a single day. If such immense amounts of water can be moved, almost at will, from one end of the country to the other, floods and droughts will become a menace of the past.



ABOVE: The Garland Canal as proposed by Mr. Dastur, a blueprint for unimaginable prosperity.

RIGHT: An annual feature of India — devastating floods, followed by VIP aerial surveys and expressions of 'grief'.

Incidentally, India set up the Central Flood Control Board in 1954, and since then more than 7,000 km of flood embankments and 11,000 km of drainage channels have been constructed. But the elements have only cocked a snook at everything that has been tried before. In recent years, in fact, the incidence of floods in north India has **increased**, as the terrible havoc wreaked by the Ganga and Yamuna this year demonstrate.

Drawing attention to the receding Himalayan snow-line, which has largely contributed to this increase, Mr. Dastur says, "Formerly, the snow-line was at about 2,000 feet. It has now shifted to about 16,000 feet. This leaves behind a wide bare patch over 2000 km long, originally covered by snow and ice which could hold the rain water. Now all that water is simply coming down and the deluge is increasing!

"To correct all this the Himalayan Canal is a must!" emphasises Mr. Dastur.

"Once all the canals, with their intergrated lakes, are built," says Mr. Dastur, "we can store about 1,200 million acrefeet of water every year (500 and 700 by the Himalayan and the Central and Southern Canal, respectively). We receive about 1,350 million acrefeet of water every year,

NO FLOODS OR DROUGHTS, AN ADDITIONAL 540 M. ACRES UNDER CULTIVATION, AND INDIA AS THE GRANARY OF THE WORLD . . . A CRAZY DREAM OR A POSSIBILITY? WE CAN START MAKING IT A REALITY NOW, SAYS THE AUTHOR OF THIS REVOLUTIONARY SCHEME TO HARNESS ALL WATER RESOURCES.

and thus, **almost all** our water resources can be utilised. Also, there will be a 100 million acrefeet of reserve capacity for flood water influx. The most beneficial effect will be the distribution of water to all the scarcity areas of India. We should be able to irrigate and cultivate 2.1 million sq. km. of land at the plain level alone, out of our 3.2 million sq. km. of geographical area. At present, only 1.6 million sq. km. is cultivable and a major part of this acreage depends on seasonal rainfall; only 0.3 million sq. km. is irrigated. And lastly, there is the added benefit of navigable waterways and unlimited hydel power generation."

The circumstances in which the Garland Canal scheme is being mooted merit consideration in a larger perspective. The world's food and water resources

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DINSHAW J. DASTUR: GARLAND CANAL — A FLOOD OF PROSPERITY

are dwindling at an alarming rate. And, expert extrapolations would indicate an impending catastrophe by the turn of the century. As Mr. Dastur says, "India needs an anticipatory plan more than any other country. In the next 20 years, her population will increase to at least 900 million, and there's going to be no addition to available land or water resources.

"The food needs of this population have been estimated at 300-400 million tonnes against the present production of 110-120 million tonnes every year. The present utilisation of water is 360 million acrefeet. The anticipated need for the year 2000 will be 680 million acrefeet. As the demand for water will rise in proportion to the increase in population, this increase will make a frightening demand of 42% of the total potential sources, as against 28% today. Considering the severe scarcity conditions existing today, when we have a reserve of 72%, the emerging situation when this gradually decreases to a mere 58% by 2000. should cause great anxiety.

"By then, experts agree that some 300 million will die 'starvation deaths' in South-East Asia — and India will be the most affected country. About 500 million acres of land are irrigated in the whole world now — and half of humanity goes hungry. The increase in irrigated land will only be 1% per year for the rest of the century, if at all there is an increase, since water-logging and salinisation may prevent even that. And the population will increase by two-thirds the present world population. Therefore, by the end of the century, there's going to be no food, no energy, no drinking water for a vast majority of the world's people," according to Mr. Dastur. "The Indian plains are the only areas in the world with alluvial deposits and the manpower to change this. Humanity demands, therefore, that first priority be given to the Garland Canal project, and that it be seen to completion.

"For some years now, the necessity of a total commitment of the people of India to economic recovery and progress is being stressed constantly. No such commitment has so far manifested itself, largely because arousing popular commitment to such abstractions as 'progress', 'prosperity', or, for that matter, 'garibi hatao', is practically an impossible feat, without giving the people useful work in their own surroundings. They need something concrete, grand and awe-inspiring to visualise and to see it growing out of their own efforts. This was the prime consideration behind my formulating the scheme of the Great Water Garland Canals."

Therefore, for what would undoubtedly be 'the construction of the century' — an integrated system of 15,240 km-long canals, 290 lakes and 4,200 subsidiary canals, connecting and distributing the waters of some of the world's greatest river-systems — Mr. Dastur proposes the setting-up of a vast 'land army'. This could execute the scheme in three phases. "In the first phase, the Army will recruit 20 million individuals in the 18-26 age group on the basis of certain incentives — that on their ultimate settling down to land and agriculture on completion of the project, they will receive a wage of Rs. 450 per month and a share in the profits, which will be divided among them equally as dividends," says Mr. Dastur.

"The Army will set up camps at every mile of the canal and digging will be begun by such batches of workers at every point. In the second phase, the actual construction of the various components of the scheme will be carried out. In addition, two broad land belts will be built on either side of the canal for cultivation, on which the first batch of recruits will settle and start earning their living. In this second phase, the army will recruit 20 million individuals for the third phase, on the same terms and from the same age-group.

"The third phase is merely of building steps for agriculture and extending subsidiary canals for cultivation every year. Thus, each year, one more step will be built and 20 million individuals will be settled on land.

"In this way," predicts Mr. Dastur, "540 million acres of land will be brought under step cultivation, on which 900 million individuals at least can be settled. India would verily become the granary of the world.

"The Garland Canal scheme is based on Gandhian philosophy, of using men and animal power, and making as little use of machinery as possible. We have to feed our people and our cattle wealth somehow by giving them work in their surroundings, and this is the only way of feeding and getting work out of them — to build something monumental which will permanently benefit the nation."

"When can you start work on the project?" I asked Mr. Dastur. Pat came the answer. "If they give me a cell, directly under the Prime Minister (like the Atomic Energy Commission) we can start work more or less **now**, on the western side from Kerala in the south to Rajputana in the north, and straight away relieve 70% of the drought area. We can then start building the Himalayan Canal."

Mr. Dastur estimates that on completion of the entire project, the gross annual income from agriculture alone will be Rs. 270,000 crores. "Then, with the unlimited hydel power, labour force and vast natural resources at her disposal, India could become a large industrial empire by 1990."

Official reception to the Dastur scheme has not been very enthusiastic. Perhaps the sheer magnitude of it, the time required for completion — about 15 years — and most important, the estimated cost — Rs, 15,000 crores approximately — have proved unnerving to the authorities.

On the other hand, about Rs. 700 crores (official figure) have already been spent since independence on flood control. And not the slightest dent has been made in the problem. This year's tally alone in flood damage has been conservatively put at Rs. 100 crores till early September.

And what have the authorities done in the wake of the latest deluge? Issued ridiculous statements over TV and radio like "we will have to raise the levels of villages to prevent floods" and gems of fatalism like "we have to learn to live with floods". And as a palliative measure perhaps, it was also announced that the government proposed to spend another Rs. 600 crores on flood control in the next draft plan. These Rs. 600 crores are going to be put to as much use as the previous Rs. 700 crores were. What a colossal waste of money! And more important, what a criminal and callous waste of life and property — **all of which can be prevented.**

Why is nothing being done to implement the Dastur plan, which is the only option open to us? Why has it been dumped in some forgotten drawer of the prime ministerial desk? It has long been shunted from cog to cog in the bureaucratic wheel. Some faint hopes were generated when the Prime Minister, as head of the Planning Commission, himself took it up some time ago. But nothing came of that either, though the project was discussed nearly a year ago by a team of international experts in Rome under the auspices of the United Nations' Food and Agricultural Organisation. The FAO subsequently gave its go-ahead, but till now, the Indian government has not even appointed its own experts to carry out an initial feasibility study.

Will the powers-that-be act before it is too late?

We can only hope they do, that the project is not ultimately scuttled by the many faint-hearted among them, and that vested interests will not be allowed to incorporate the usual 'alterations' and turn out a hybrid monster.

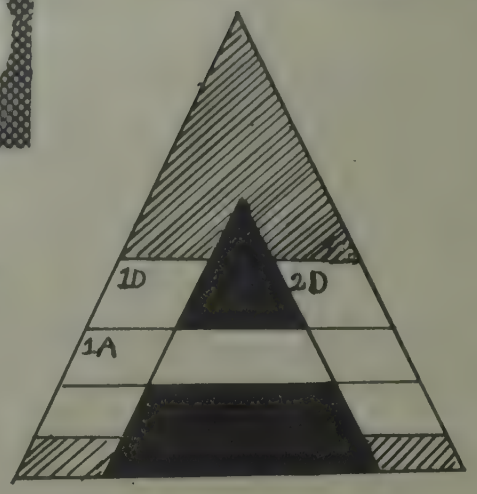
Bringing relief for the flood victims. Pitiful and recurring attempts at cure, when prevention would be cheaper and more humane.

Kamal Aurora

MATCH YOUR WITS

A. This is the biggest square that four match sticks can make. Using the same sticks make the smallest square.

ALPHABET CROSSWORD



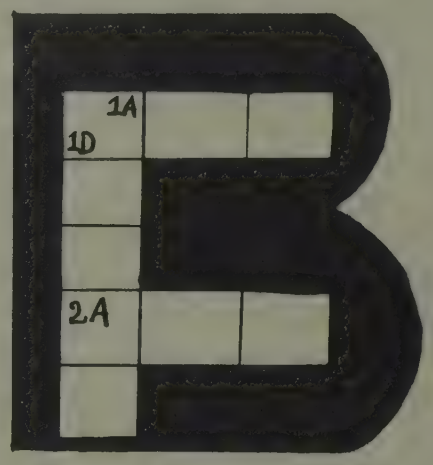
CLUES : DOWN

1. It is the highest card. It also means the best.

2. It is so small but it can give you a sharp bite!

CLUES : ACROSS

1. You can get your food out of them. The word is given in this line too!



CLUES DOWN

1. Blue and .....!

CLUES ACROSS

1. For waste paper, to be put in.

2. Want a drive? It has four wheels.

FOLK TALES

THE MAGIC POOL

A STORY FROM THE MAHABHARATA

One day the Pandava brothers were practising archery in the forests. All five of them — Yudhishthira, Bhima, Arjuna, Nakula and Sahadeva — were competing with one another to see who was the best marksman. Yudhishthira felt very thirsty. "Brother Nakula," he said, "Can you bring me some water? I'm really very thirsty."

"Certainly," said Nakula and went off in search of water. Soon, Nakula came across a pool of water. It was clean and cool and Nakula began to fill the pitcher he had brought with him.

When it was full, Nakula stood up. Just then a voice spoke: "You have taken water from my pool. You must answer some questions before you leave."

Nakula could not see anyone. So he began to walk away without answering the strange voice. Suddenly Nakula felt very drowsy and he fell down in a deep sleep.

When Nakula did not return, Sahadeva went in search of him. Soon Sahadeva found the pool and the body of his brother. Sahadeva quickly picked up the pitcher which was lying empty on the ground and went to fetch water to splash on Nakula's face. As he reached the water's edge, a voice spoke, "Before you touch the water, answer my questions." Sahadeva dropped the pitcher and shot an arrow at the place where the voice was coming from. A dizziness gripped him and Sahadeva too fell down.

Arjuna was next. He found the pool and saw the bodies of his brothers by the side of the pool. Arjuna was shocked.

Suddenly a voice said, "You can help your brothers by answering some of my questions." Arjuna shot a few arrows into the bushes from where the voices appeared to come. Then Arjuna fell down in a deep sleep.

When Bhima came in search of his missing brothers, the same voice asked him to answer some questions and when Bhima decided to attack the source of the voice, he too fell down in a deep sleep.

At last Yudhishthira went in search of his brothers. He could not believe his eyes when he came upon the bodies of his brothers. Yudhishthira looked around. Then he bent forward to touch the body of Bhima who had come just before him. A voice spoke, "If you wish to help your brothers, Yudhishthira, answer my questions."

Yudhishthira could not see anyone. "Speak," he said.

"What rescues man when he is in danger?" said the voice.

"Courage," replied Yudhishthira.

"What is more noble and sustaining than the earth?"

"Mother," said Yudhishthira.

"What is higher and mightier than the sky?"

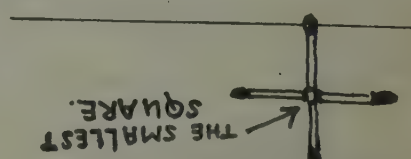
"Father."

"What is swifter than the wind?"

"The mind," said Yudhisnthira

"You have answered four questions and with each correct answer one brother has come to life. This last question is to save your own life. What quality is that which, if a man leaves, will make him loved by all?" "Pride," replied Yudhishthira with a sigh of relief.

He looked around and saw his four brothers standing before him. The voice now took on shape and form. "I am Yama, the god of death, and I took this severe test to see if you were as wise as you were brave. You have pleased me." With these words Yama disappeared and the brothers hugged each other with joy.



MATCHING YOUR WITS

1. Bin. 2. Car

B. Down. 1. Black. Across.

ALPHABET CROSSWORD

ANSWERS :

A. Down. 1. Ace · 2. Ant. Across: 1. Can

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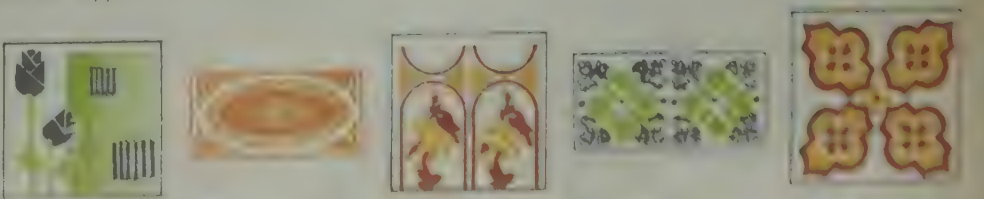

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SPONGY OBESITY

Meeta Datta

Excessive weight is one of the most common disorders which gives rise to progressive ill health.

One form of overweight is caused by the retention of water in the body. This is referred to as "spongy obesity." This is more common in women. It normally occurs in young girls who are about to enter adulthood. It also occurs during pregnancy and sometimes at menopause.

The most striking feature of this is that it is not accompanied by any marked increase in appetite. A diet which is rich in water and poor in proteins causes this type of overweight. Hence meat, pulses and beans, which are very rich in proteins, should be the main items in the diet of those suffering from this disorder. Surplus water accumulates in the tissues when there is an imbalance caused by too much water and not enough albumin. The alkalising character of this diet stops the normal chemical reaction essential for excreting the excess water.

Salt has the property of holding water, therfore its intake should be minimised.

It is also believed that retention of water in the tissues owing to decrease in urinary excertion, is due to affected pituitary activity. Other factors that can cause this kind of overweight are anxiety and emotional imbalance.

Spongy obesity generally effects the lower half of the body, especially the stomach, hips and thighs. Red patches appear on the legs which in the advanced stage become coarse and are painful. The person complains of cold feet and hands and frequently of a twisted ankle. Chilblains often occur and nails break or split.

The most marked symptom is irregular menstrual periods — they are either late or scant or not evident at all. They are often accompanied by headaches and pain in the chest. The person gets exhausted by the least effort and feels tired all the time. Rest and relaxation are necessary.

Unbalanced eating should be strictly avoided. Also, never drink water with meals and drink very little between meals. Take very little salt in food. Eat plenty of meat and vegetables. Liquids like soups, juices, etc., should be avoided.

Rest is very essential for quick results. This is so because the lying-down position increases the urine output. Mental relaxation is also necessary. It is essential to cut down food intake, otherwise the person will gain weight again. Sometimes it is also advisable to drink a limited quantity of mineral water as it encourages total elimination of fluids from the body.

TONING THE ABDOMINAL MUSCLES

Ratna Gehani

If you are overweight, you need to be more energetic to burn off surplus fat that your body is storing. Lazy muscles and extra fat are responsible for a protruding abdomen. This is one one of the areas where fat accumulates. From there it inevitably spreads to the waistline and hips.

From the standpoint of figure, bracing tone to the front muscles will do more towards streamlining the body than for any other muscles. The exexercises should be mild and done daily. However, they need not be calisthenics.

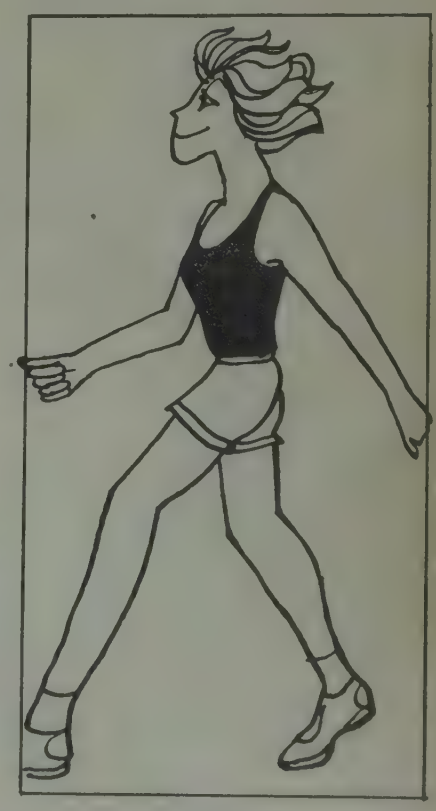
Walking should be done with the abdominal muscles pulled in firmly. Make it a 20-minutes brisk walk. If time doesn't permit daily walking, then do a few effective exercises at home.

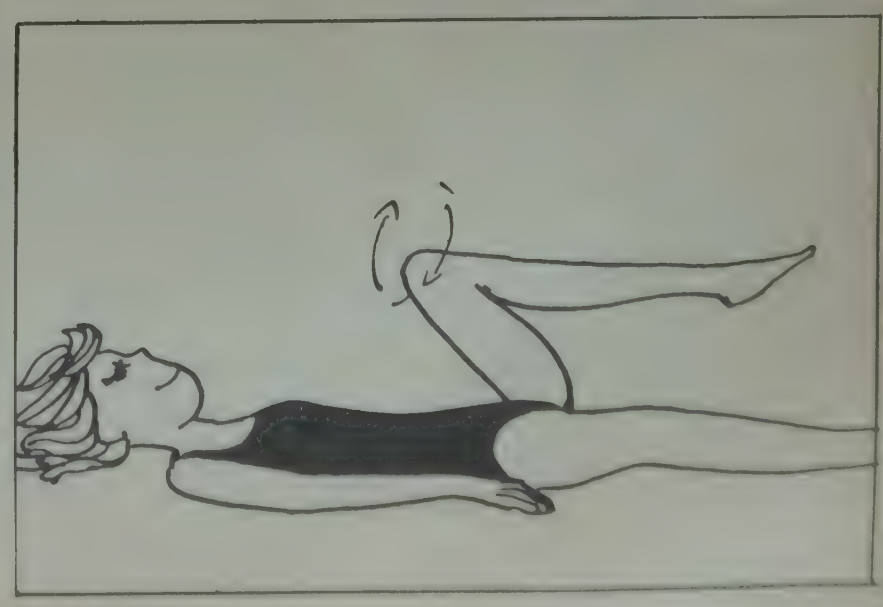
Lie flat on the floor, arms extended, shoulder level. Raise legs a few inches off the floor and pedal vigorously, keeping hips on the floor. Do for 15 minutes.

Here is another one. Lie on back on the floor. Bend right knee, bringing it up over chest. Pull up and in with girdle muscles, flattening small of back on floor. Now move the knee in as large a circle as possible. Circling first in one direction then the other. Repeat this ten times, then flex the other knee and make circles again.

If you find this exercise difficult to do, here is a simpler version. Lie on back on the floor and bend both knees, with soles of feet on floor. Bring right knee up over chest and make circles, while keeping sole of the other foot on the floor. This will take strain off the lower back.

You may try this one too. Lie on back on the floor, knees bent, soles of feet on floor. Lift the hips slightly off the floor, then swing hips a little to the right, and as you swing, pull strongly inward with the muscles that cover the front of the abdomen. Swing rhythmically back to centre, then towards the left side, tilting the side of the hip upwards slightly as you pull strongly inwards with the muscles which cover the side front. Do eight full swings first — more later. Relax.





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THE LITTLE WOMAN

by Don Tobin

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THEY'RE DELIBERATELY IGNORING US!
LOOK! I'M A CUSTOMER! WILL YOU WAIT ON ME?
NOW THEY'VE DISAPPEARED COMPLETELY-
THAT DOES IT! I'M NOT GOING TO BEG THEM TO TAKE MY MONEY!
LET'S GET OUT OF HERE!
Special
6
I'LL NEVER BUY ANOTHER THING HERE AS LONG AS I LIVE!
THERE ARE PLENTY OF OTHER STORES!
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BUT THEY DON'T HAVE THAT CUTE BLOUSE I ADORE...
PLEASE! WON'T YOU WAIT ON ME? PLEASE!
?
5-7

HA HA world of laughter

Behold the nuclear scientist,
Sitting down with the faintest of smiles;
His life is sheerest agony
For he has atomic piles.

* * *

He was a millionaire and his pet hobby was collecting his private zoo. One day he decided to get a few of the bigger animals and strolled into a pet shop.

"I want to buy an elephant," he announced.

The salesman looked at him calmly. "Indian or African elephant?" he enquired politely.

"Indian or African heck... I want a white one," snapped the millionaire.

* * *

Then there was the enterprising Australian farmer who tried to cross sheep with kangaroos to produce ready-made woolly jumpers.

* * *

Teacher: "John, is trousers singular or plural?"

John (scratching his head): "Well, singular at the top and plural at the bottom."

* * *

A man asked a sword swallower to demonstrate his art. The fellow swallowed some pins and needles.

"But," protested the man, "those aren't swords, they are pins and needles."

"I know. But I'm on a diet."

* * *

A medical officer was testing the camp water supply.

"What precautions do you take against infection?" he asked the sergeant in charge.

"We boil it first, sir," said the sergeant.

"Good."

"Then we filter it."

"Excellent."

"And then," said the sergeant, "just for safety's sake we drink beer."

* * *

A woman telephoned an airline in Kansas and asked, "How long does it take to fly to New York?"

The clerk said, "Just a minute."

"Thank you," said the woman, and hung up.

* * *

A Texan was visiting Alaska and, like all Texans, he immediately began bragging about his native state.

"When it comes to wealth, Texas is strictly tops. Why, we have enough gold in our state to build a solid gold bridge from Texas to Alaska."

The Alaskan thought a moment and then snapped, "All right, start building it. If I like it, I'll buy it."

* * *

A Texan and an Alaskan were arguing about the merits of their respective states. No matter what claims the Alaskan made, the Texan insisted that his state offered the same thing, only better. "Just tell me," he said, "one thing that Alaska has that Texas doesn't have more of."

The Alaskan smiled. "Well, modesty, for instance."

* * *

A child saw a deer at the zoo and asked the keeper what animal it was. The keeper smiled, "What does your mother call your father every morning?"

The child replied: "Don't tell me that's a skunk."

Compiled by George Fegradoe

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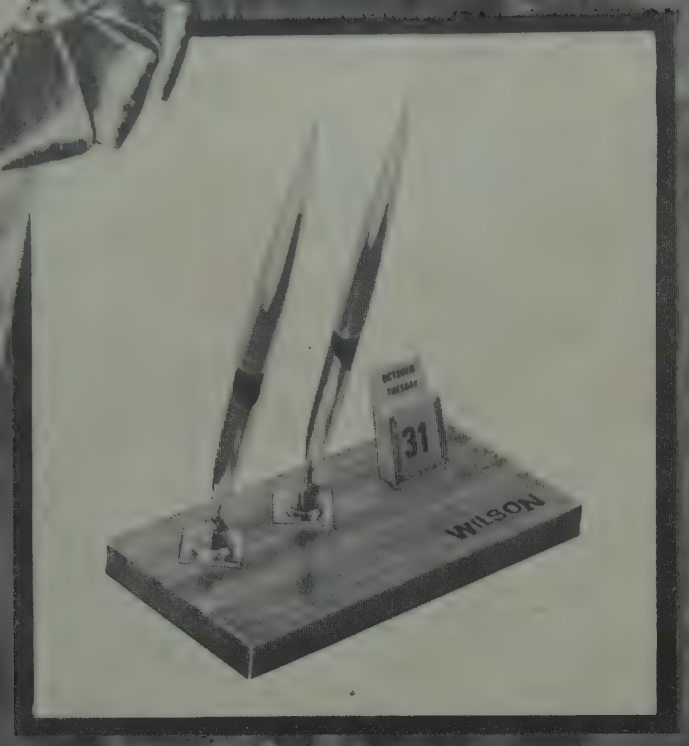

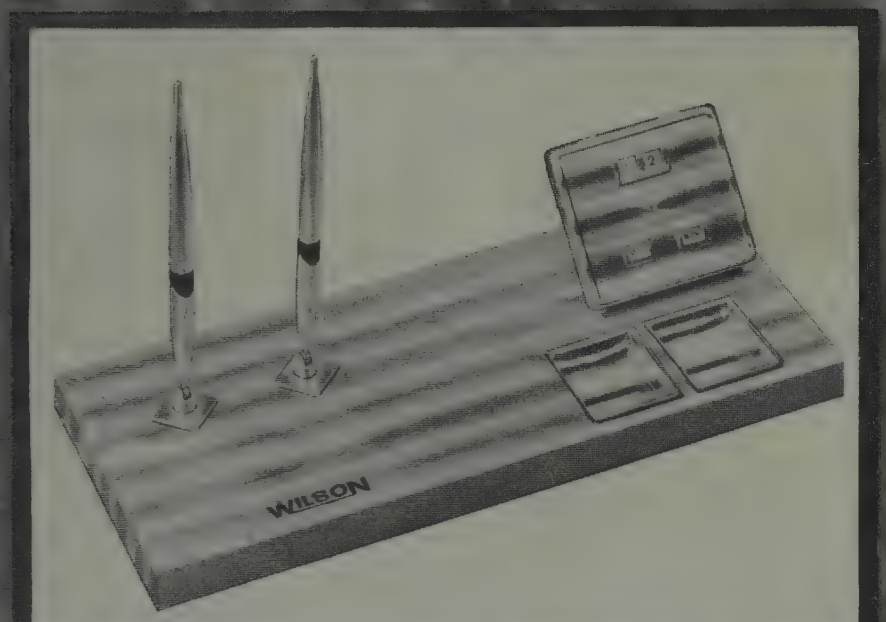

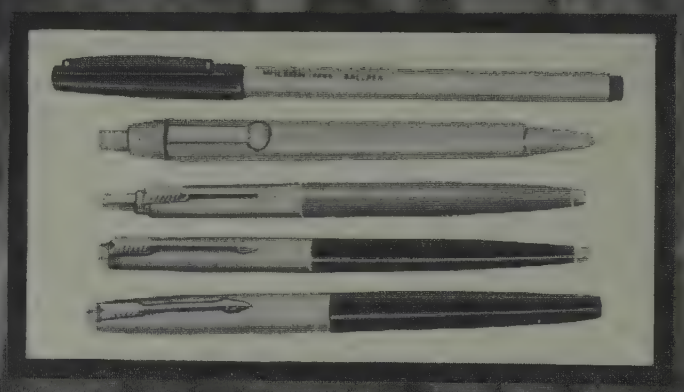

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MORE THAN A HELPING HAND: **A woman trades assistant helping a boiler maker with a welding job in the workshop of the Goldsworth mine in Australia.**

IRON WOMEN in Australia's Mines

Clare Booth

Miners have always been the tough guys of skilled labour. Now women are joining their ranks, and are proving to be no less tough than the men

Since iron-ore mining started in the Pilbara region of Western Australia in 1966 the area has been largely a man's domain. The harsh environment of soaring temperatures, desert landscapes and wearying distances seemed to call for strong hands.

The mine workers became known as "iron men" of the north-west. Now their workmates include a steadily increasing band of "iron women".

With no special privileges and with equal determination and skill women take the wheel of a 120-tonne Haulpak, or ore truck. Women are oilers, or second in command to operators of huge mechanical shovels. And they help with ore-crusher controls and join the ground forces in the workshops as trades assistants, on the mineface as explosives workers and as riggers.

The step from traditional women's roles with mining companies as secretaries and laboratory assistants to mine employment was not without its obstacles.

Goldsworthy Mining Limited introduced women into their mine work force last November.

The company's personnel and industrial relations manager, Mr. Ian Hill, said six months after the first female recruitment, "We have been waiting for the opportunity for years.

"There were a number of things against it, including union opinion, which fortunately changed.

"Our present mines at Goldsworthy and Shay Gap have limited resources. The communities that operate them are short term and the towns we have built for them, with all their modern conveniences, are temporary.

"Because of this, the mine-site workers we attract are mainly single men. High labour turnover figures are a hazard of the system. Families just don't want to be a part of it. It is too unstable.

"That kind of system perpetuates itself. We believed there was an answer to normalize communities, stabilise attitudes, give the workers a sense of purpose for continued service; and it was all the same thing: bring unattached women in to work and live alongside the men."

Replies flowed in gratifying numbers in response to advertisements in newspapers for unskilled and semi-skilled women workers.

The women started work at Shay Gap, which consists of mine and township 12 km apart. Shay Gap is about 1,700 km. north of Perth and 190 km. from Port Hedland. It is an eight-hour day that might include night shifts and there are two days off a week. Meals are provided, in air-conditioned canteens, with special provision for night shift workers. Temperatures reach 35 deg. centigrade or higher most of the year, and while some jobs such as Haulpak driving, had the comforts of air-conditioned cabins, others, such as trades assistants' jobs, do not. Accommodation is air-conditioned. Buses take workers from township to mine. There is a social club and a range of entertainment, recreation and sporting activities.

Goldsworthy arranged separate accommodation for the women, in a 20-room block. Men and women eat together and work together under the same terms. They are subject to the same union regulations.

Interviewers warned applicants that they would be under the critical scrutiny of the men. Some men would be seeking the smallest chance to find fault. Could they take teasing? Would they be prepared to stand up for themselves on and off duty?

"We gave more details than usual about the type of job we were recruiting for," Mr. Hill said. "Most of the men who come to us have had experience in their field before, in various industries or other mines. Most women had no such background

"Our idea was to give as realistic a picture as possible, with inclination towards the tougher aspects.

"The first group had to be keen to give the idea a chance of success. If some of the less attractive facts frightened an applicant off, this was the natural selection process we wanted."

Eight women arrived at Shay Gap on November 11, 1977, and numbers have gradually increased. In May 1978 about 80 of the total mine workforce of 780 were women.

Val Whitehall is a 19-year-old crane chaser dogman. She was a secretary in Perth before coming to join her boyfriend at Shay Gap. She enjoys her job despite the grimy conditions. She is helping to save for a house.

Helan Salvaris, 24, was in the glamour business with a beautician's certificate in Perth but she could not find continuous work. Her Goldsworthy job as forklift driver at the workshops fulfils desires for challenge, variety and contact with people.

Continued on page 31

EQUAL DRIVE AND DETERMINATION: **The women miners get no special privileges. "They do their jobs well," say the men. "We like to have them around." A woman forklift driver at her job in the Shay Gap mine.**

DESTINED FOR COMPLIMENTS!

Still on the fashion
horizon are these exclusively styled
organza and chiffon sarees
lavishly embroidered and
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These sarees are essentially for
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The choice of colours is all yours.
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a broad pin-dotted panel
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pliqued and embroidered
ral sprays add to
richness of the complete
ee. The other,
haded chiffon in black and
low, has an interesting pallav,
icately embroidered
white with touches of
genta to highlight
complete design.

OVE : Look unusually
ractive in a shaded chiffon
bright lemon yellow and
rple, with a huge floral motif
broidered in subtle colours,
scattered sprays adorning
skirt edge of the saree.

HT : Elegant wherever
go — a striking red scalloped
der adorns a green
cked organza saree. The
rder, trimmed with delicate
ite lace, has floral motifs
liqued in each scallop.
other is a traditional
dhani saree in red, which
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ches of gold
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tographs : Farokh Reporter

'Mummy,
I'm 3 months old
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IRON WOMEN IN AUSTRALIA'S MINES

Continued from page 27

Sue Gibb, 20, is earning money to help her through a teachers' college at Perth and hopes to have funds over for travel. She gets covered in oil and dust as a shovel greaser and hopes she can graduate to shovel operator before the 12 months she has allotted herself at Shay Gap have ended.

Janet Mears holds an honours degree in environment studies from Southampton University. She arrived in Australia from her home in Wales for a 12-month working holiday and hardly touched down at Perth before she found herself at Shay Gap setting explosive charges. Haulpaks frighten her and she is more than happy with explosives. Her explosive gang is called the powder-puff crew.

Maureen Wilson, a 36-year-old mother of a daughter aged 18, drove her car to Shay Gap from Perth to be the first of the initial group to arrive. She cannot save money. "Most of the women would concede this as a main reason and in that we are no different from the men," she said.

"I wanted to do something different and I liked the idea of sharing men's work with equal pay and no special considerations. It gives a feeling of independence. I expected lots of attention. I got it. We all did. We were additions to the workforce and we were also a novelty.

"It was socially that we noticed the quickest response from the men. They improved their off duty appearance from a sloppiness that could have included grubbiness to a general smartness, especially on Saturday nights, traditionally the weekly night out at the Shay Gap club."

But discontent emerged. Why were women receiving quick promotion, in some instances jumping in ahead of men who had stood in line for a position long before the women arrived?

Resolution of this problem was not straightforward. It was part of the plan to distribute a sprinkling of women through the workforce as soon as possible, then when that was achieved, establish equal promotion rights.

"There was a slight apprehension on both sides to begin with," Maureen said. "The men were ready to treat us as an invasion. We had to make the grade."

The women were quick to show their independence if required. On one occasion a woman resorted to fisticuffs, refusing the offer of help from her boy friend, to sort out a disagreement with a member of the opposite sex.

"But the general trend is towards integration," Maureen said.

"At work, men are happy to help with advice or a hand with heavy work, though with all the equipment we have there is little of that."

"Human nature being what it is, there is pairing off," Maureen said. But there is also a good deal of friendship and companionship without deeper implications.

"Many of us enjoy a range of activities with the men in large or small groups. We go for weekend cross-country hikes or on fishing trips. We play card games and talk."

Driving a Haulpak, Maureen wears jeans and a shirt, with regulation thick-soled boots and the inevitable coating of ore smudge and dust.

"Driving a Haulpak is demanding on the concentration. Some drivers call it boring. The truck is easy to handle because of power steering and automatic brakes. But it is a great responsibility. After the shock of the size subsides, I am still left with the constant awareness of the enormous load on the tray. There's no catching me out on the safety measures we have to take in checking tyres and pressure of air brakes.

"It's more dangerous running out of brakes in a Haulpak going down a ramp than in a car on a highway, at least for the driver. If that load behind me were fully grown elephants, there would be about 20 of them."

She sums up the attitude of most of the women.

"This work gives me the best of both worlds. What on earth will I do when I leave here? I can't see myself returning to office work, waitressing or bar attendant duties, the strictly female things I did before. But it is not an immediate problem. I don't plan to leave for a while."

Meanwhile, Mr. Hill is glad the women enjoy their new employment and that they want to stay.

It is too early to present a general comparison in the drop-out rate of single men, but the drop-out rate among women is considerably less than the male rate.

Families who had a habit of avoiding the sometimes abrasive atmosphere of social functions, are participating in more community events.

A shovel operator believes his "iron woman" assistant is the best he has had. "They do their jobs well," he said. "We like to have them around."

CHILDREN!

A SPECIAL CONTEST FOR YOU!

Do you know that 1979 is a year especially for you? It is the "International Year of the Child," and all over the world people will be working to make this world a better place for you.

Many of you are lucky — you have loving parents and a house and food to eat and clothes to wear and so many other things.

But you know, don't you, that millions of children in India are not so lucky? Have you ever thought what it would feel like to be hungry all the time or to have to sleep on the pavements or to be cold on a winter night because your clothes are torn? Many children in India don't have clean water to drink or to have a bath in. They have to beg because their parents don't have money to give them. They can't afford to go to school and sometimes there are no schools where they live and sometimes they have to work during the day. If they are sick, they don't have the money to see a doctor or to buy medicines and sometimes there are no doctors or hospitals where they live.

We would like you to think about all this and look around you and see how many children in India live.

Then we would like you to join our contests.

ESSAY OR POETRY CONTEST

Choose one of the following subjects and write either a short poem or a 150-word essay on it:

"A Day In My Life As A Beggar Child"

or

"My Servant's Children"

Age Group: 6 — 10 years
Deadline: November 15, 1978

DRAWING CONTEST

Draw a little child you have seen who has to work for a living (e.g. a shoeshine boy, a newspaper vendor, a peanut vendor, a sweets-vendor, a car-polish boy, a lottery-ticket seller, etc.)

Age Group: 6 — 10 years

Deadline: November 15, 1978

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THEME: "The Child of Today"

DEADLINE: November 15, 1978

SPECIFICATIONS: Black and white, glossy, minimum size 5x7"

(N.B. The International Year of the Child is meant to focus attention on the rights of the child, and what can be done to make this world a better place for children. The focus will therefore be especially on the disadvantaged child.)

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Exuberance is laughter

Exuberance is fragrance

now

Exuberance

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THE PLEASURES OF OUTDOOR COOKING

Premila Lal

A dinner that is probably the best and increasingly popular for the weekends is cooking out of doors. A very ancient method, it has now been brought up to date. A barbecue is essentially the simplest of meals, the food tastes superb, the preparation is simplified and it can be held in any garden. It does rather depend on fine weather, though precautions can be taken in case the weather is bad.

The out-of-door appetites are bound to be huge, so be sure you have the grub in plenty. We have picked up some of the best collections for our enthusiastic cooks who enjoy outdoor entertaining and aim to give their guests something special.

CHICKEN KABABS

FOR THE KABABS :

3 chicken breasts, boned and quartered
6 pickling onions
1 tomato, cut into 6 wedges
125 grams chicken liver
2 capsicums, cut into 12 squares
6 mushroom caps

MARINADE :

½ cup soya sauce
1/2 cup olive oil or salad oil
1 cup sugar
1 tbsp. vinegar
2 cloves garlic, minced

Combine all the ingredients for the marinade and let the chicken and liver marinate in it for two hours. Then take two long skewers and arrange alternating pieces of chicken, livers, capsicum, onions and tomato wedges on the skewers. Brush with the marinade and place under the boiler for about four inches from the heat. Broil for 25 minutes, brushing with the marinade turning often.

SPICED BURGERS

1½ kg ground beef or mutton
½ cup onion, minced
1 tbsp. dill weed, finely chopped
2 tsps. salt
2-3 green chillis, minced
1 tsp. garam masala
1 cup cheese, grated

Mix the ground meat with the onion, dill, salt, chillis and garam masala. Divide into six patties and grill for about eight minutes on each side. Sprinkle top with grated cheese.

LAMB SHISH KABABS

1 kg boneless lamb shoulder, cut into 1½" cubes
1 small onion, thinly sliced
2 tsps. salt
¼ tsp. pepper, coarsely ground
2 medium green peppers, cut into squares
500 grams large fresh mushroom caps, washed and trimmed

Place lamb in a bowl. Tuck in onion slices and sprinkle with seasoning. Cover with a plastic wrap. Refrigerate for one to two hours. Thread lamb on four to six skewers. Grill, four inches away from hot coals for about 15 to 20 minutes. Complete kababs by threading green pepper and mushrooms on skewers with partially cooked lamb. Cook, turning often, for about 15 minutes, or until meat and vegetables are done.

SKEWERED LAMB, TOMATOES AND CORN

½ cup salad oil
1/3 cup lemon juice
1 clove garlic, crushed
2 tsps. salt
¼ tsp. pepper, coarsley ground
750 grams boneless lamb, cut into 1½" cubes
4 small whole tomatoes
2 large ears corn, cut into 2 inch pieces
2 slices french bread, cut in half and buttered on both sides

Combine oil, lemon juice, garlic, salt and pepper. Place meat in a shallow glass dish. Pour lemon

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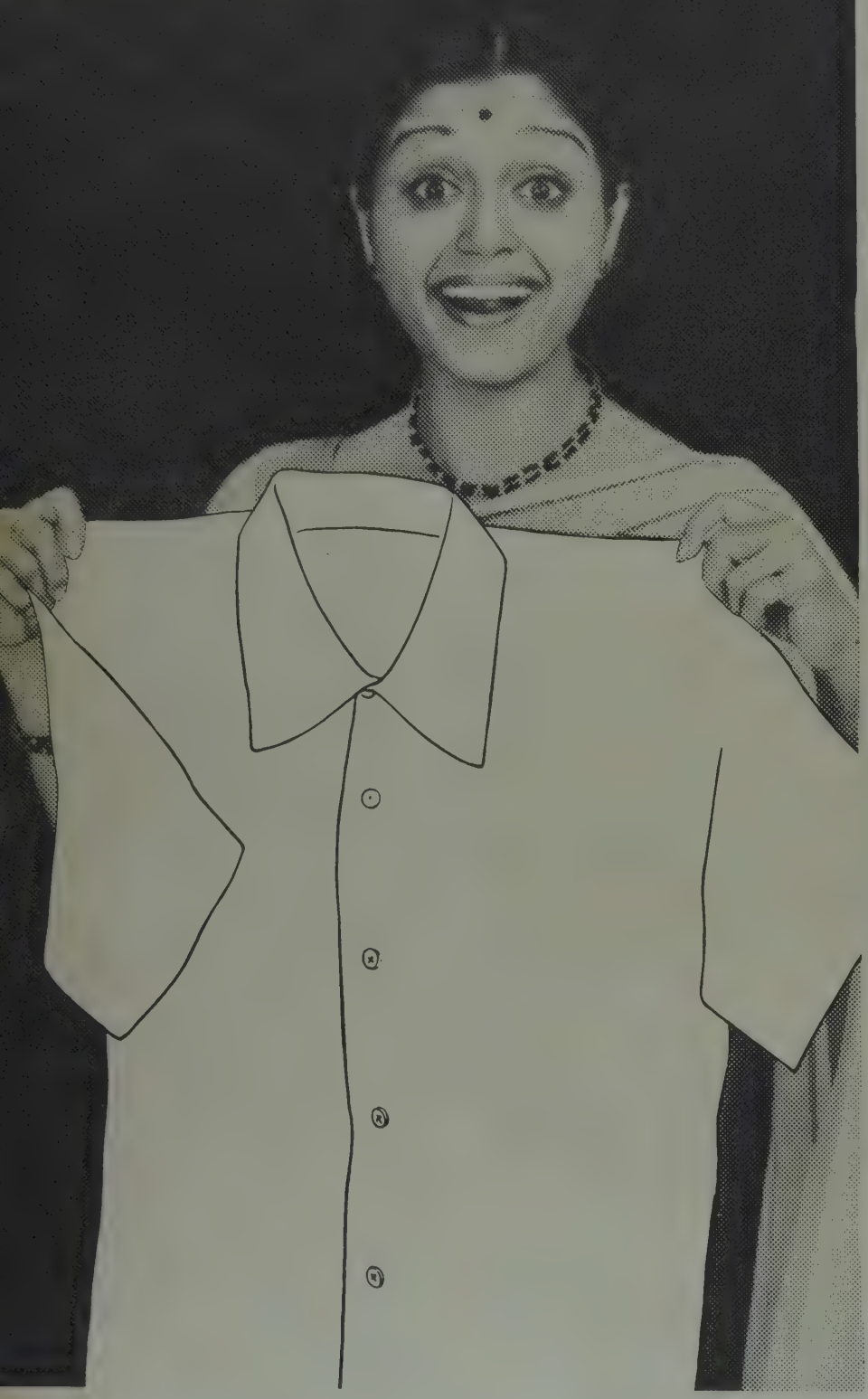

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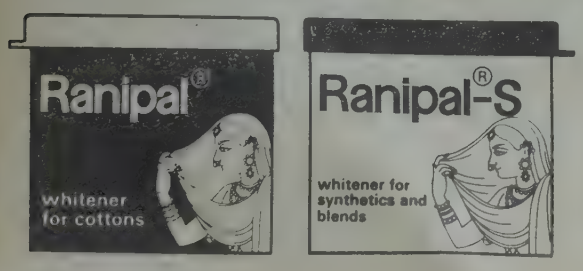

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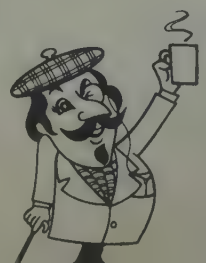

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mixture over meat. Cover the dish with a plastic wrap. Refrigerate for four hours or overnight, turning the meat occasionally. Remove meat from the marinade. Reserve marinade. Place lamb cubes, vegetables and bread on skewers, using separate skewers for each kind of food. Place lamb kababs on grill four inches from hot coals. Cook for 20 minutes, turning only once. After five minutes, add vegetable kababs, cook for 15 minutes, turning and basting frequently with the reserved marinade. Grill bread until golden brown, five to seven minutes on each side.

EGGPLANT DELIGHT

- **1 eggplant, weighing about 650 grams**
- **1 green pepper, coarsely chopped**
- **1 medium onion, coarsely chopped**
- **1 tbsp. butter or margarine**
- **2 medium tomatoes, diced**
- **½ tsp. salt**
- **⅛ tsp. pepper**

Wash and prick the surface of eggplant. Place green pepper, onion butter on a 18 x 12 inch piece of double thickness heavy-duty aluminium foil. Wrap securely. Place the eggplant and the foil packet directly on hot coals. Cook for 10-15 minutes turning the eggplant once (Eggplant will soften and the skin will turn black). Remove the eggplant, cut in half and scoop out the pulp. Coarsely chop the pulp. Combine with green pepper and onion mixture. Toss with tomatoes, salt and pepper. Serve immediately.

BARBECUED CHICKEN

- **2 broiler chicken (1-1½ kg each, cut up)**
- **1½ cups tomato juice**
- **¼ cup lemon juice**
- **¼ cup butter or margarine**
- **1 tbsp. Worcestershire sauce**
- **½ cup onion, minced**
- **1 tsp. salt**
- **1 tbsp. paprika**
- **½ tsp. pepper**

Place chicken pieces, bone side down on a grill, five inches from medium coals. Cook for 20 to 30 minutes. In a saucepan, mix the remaining ingredients and bring to a boil. Keep sauce hot for basting. Turn chicken and cook for 30 to 40 minutes longer, turning and basting frequently with sauce.

FISH STEAKS

- **Lemon-parsley butter (given below)**
- **1½ kg fresh or frozen fish steaks, ¾ to 1 inch thick**

Prepare the butter. Place steaks on lightly greased grill four inches above from the coals. Cook, basting frequently with butter sauce for six to eight minutes on either side, or until fish flakes easily with a fork. Do not overcook. Garnish with lemon wedges and snipped parsley. Serve with remaining butter sauce.

LEMON-PARSLEY BUTTER

- **½ cup butter or margarine**
- **¼ cup lemon juice**
- **1½ tsp. snipped parsley**
- **1½ tsp. salt**
- **A dash of pepper**

Melt butter or margarine and combine it with the rest of the above ingredients.

BARBECUED WHOLE STUFFED FISH

- **4 to 5 kg whole fish, cleaned**
- **Salt and pepper**
- **Garden vegetable stuffing (given below)**
- **Salad oil**
- **½ cup butter or margarine, melted**
- **¼ cup lemon juice**

Wash fish quickly in cold water and pat dry with paper napkins. Rub the cavity of the fish with salt and pepper. Stuff with garden vegetable stuffing. Close the opening with skewers, lace it. Brush fish with salad oil. Mix butter and lemon juice, set aside. Place fish in wire basket on a grill four inches from medium coals for 45 minutes, or until fish flakes easily with a fork, turning three times and basting with butter mixture.

GARDEN VEGETABLE STUFFING

- **1 cup onion, finely chopped**
- **¼ cup butter or margarine**
- **2 cups dry bread cubes**
- **1 cup carrot, shredded**
- **1 cup fresh mushrooms, cut-up, washed and trimmed**
- **½ cup parsley, snipped**
- **1½ tsps. lemon juice**
- **1 egg**
- **1 clove garlic, crushed**
- **2 tsps. salt**
- **¼ tsp. pepper**

Cook and stir onion in butter until tender. Lightly mix the remaining ingredients with onion and butter. If you have extra stuffing place in an aluminium foil pan. Cover and heat on grill for 20 minutes before serving.

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Use a funnel to separate egg whites from the yolks. Set the funnel in a water glass and break the eggs into it. Egg whites will slide through while the yolks stay in the funnel.

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NEW GIFTS FOR OUR COOKERY WINNERS

Prize winners of our weekly contest will get in addition to the usual Rs. 50.00 cash prize,

1. A non-stick coated 7" Cake Mould from TRUPTI INDUSTRIES, Bombay, 2) A gift Hamper from WEIKFIELD containing Weikfield's Custard Powder, Jelly Crystals, Baking Powder, Ice Cream Mix Powder, Variety Custard Powder and Corn Flour and 3) A book "Delightful Chinese Dishes" by AROONA REEJHSINGHANI.

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recipes from our readers

Mrs. Gomati Lakshmanan, Tirupur.

COCONUT FLOWER APPAM

2 cups boiled rice
2 cups raw rice
1½ tsp. salt or to taste
1 medium sized coconut
¼ tsp. baking soda

Soak both the rice together for two hours. Drain and grind it to a smooth paste. Do not add much water. Let the batter be thick. Grate the coconut and extract one and a half cups of milk. Add the coconut milk, baking soda and salt to the batter and mix well. Leave overnight.

Next day heat a shallow pan and grease it well. The batter should be of pouring consistency, a little thinner than dosa batter. If not, add a little more water. Pour one ladleful in the pan and holding the pan with the help of a tong or cloth, rotate the pan clockwise so that the batter spreads evenly. Pour one teaspoon ghee or oil round the appam and cover the pan. Lower the heat and keep on fire for three minutes till well cooked. Remove with the help of a sharp spoon or knife.

Mrs. Gayathri Devi, Cochin.

BAMBOO SHOOT SUKHE

2 medium sized bamboo shoots
20 jack fruit seeds
½ coconut, shredded
10 red chillis
Salt to taste
150 grams tur dal
1" piece turmeric
1 tsp. mustard seeds
4 tsps. coconut oil
A small piece of tamarind

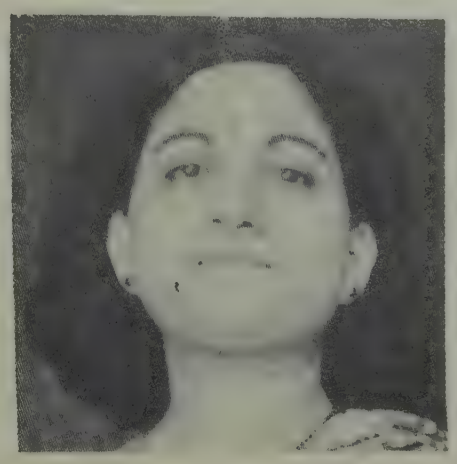
Peel off the outer thick covering from the bamboo shoots and take the very tender portion only. Chop into very fine pieces.

Remove the white skin from the jack fruit seeds and soak them in water for sometime. Scrape off the brown skin from them and chop them into small pieces also. Cook the dal with sufficient quantity of water and keep aside.

Grind the shredded coconut, chillis and turmeric coarsely. Now boil the bamboo shoot pieces in water. Drain off the water. Add the jack fruit pieces and cook well. Squeeze the juice from the tamarind soaked in a little water. Add this juice and salt to the cooked pieces. After 10 minutes add the cooked dal and ground coconut paste and cook for about five minutes. Remove from fire.

Heat the coconut oil in a pan and add mustard seeds. When they stop spluttering add the cooked sukhe to it.

The sukhe can be served with rice.



Asha Sohonee, 56 APO.

CABBAGE KABABS

2 cups tender cabbage, grated
2 cups gram flour (besan)

ROAST AND GRIND TOGETHER :

½ cup dry coconut, grated
1 tsp. cummin seeds
1 tsp. coriander seeds
1 tsp. sesame seeds
3 tsps. poppy seeds
1 tsp. oil
1 tsp. cloves, black pepper and cinnamon
3 cloves garlic
2 green chillis
1" piece ginger
Coriander leaves
A pinch of asafoetida
A pinch turmeric powder
A medium sized onion
(Roasted directly on fire and ground to paste)
Oil for frying

Add to the grated cabbage one teaspoon oil and one teaspoon salt, mix and set aside for ten minutes. Roast masala ingredients, powder them and add to the grated cabbage. Later add gram flour a little at a time, mixing constantly.

Make two rolls of the soft dough formed, apply a touch of oil and steam in a cooker, under pressure, for 15 minutes. For steaming tie a cloth over a small vessel and use it as the base for resting the rolls.

When the pressure goes down take the rolls out and cut into kababs of desired size and allow to cool. Kababs should be less than half inch in thickness.

Deep fry the kababs in oil and serve hot or cold with a piquant chutney.

weekly winner

Miss Shanti Motwani of Bombay wins Rs. 50 for this week's best recipe plus a non-stick coated 7" Cake Mould from Trupti Industries, a gift hamper from Weikfield and a book by Aroona Reejhsinghani.

KABULI CHANNA IN SPINACH

1 kg kabuli channa
4 bunches spinach
1 small bunch fenugreek leaves (methi)
2 large onions, finely chopped
1" piece ginger, finely chopped
8 green chillis, finely chopped
2 tsps. red chilli powder
4 tsps. coriander powder
1 tsp. garam masala
1 cup thick tamarind juice
½ tsp. turmeric powder
4 tbsps. oil
Salt to taste

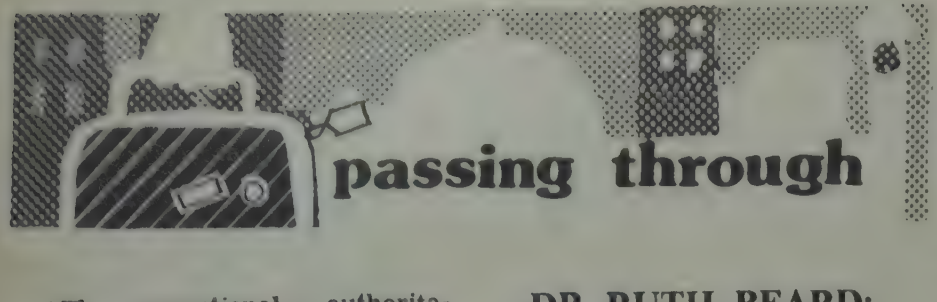
Boil channa till tender, drain and keep aside. Clean, chop and wash spinach and fenugreek leaves. Heat oil in a dekchi and add onions and fry till golden brown. Add spinach, fenugreek leaves, ginger and green chillis. Add one cup water and let it simmer for 20 minutes. When the water dries up, grind the spinach and fenugreek leaves to a paste. Add channa, coriander powder, turmeric powder, garam masala, red chilli powder, tamarind juice, salt and three cups of water. Bring to a boil, lower fire and let it simmer for 15 minutes or till the gravy becomes quite thick. Serve hot with chappatis or puris.

COOKERY CONTESTANTS!

Revised Contest Rules

1. Each recipe must be accompanied by this coupon.
2. The author of each selected entry will be informed in advance and requested to send a passport size photograph of herself, to be published along with her recipe.
3. The recipe must be original and not copied from a cookery book, a magazine or any other published material. The prize-winner shall have to sign a declaration to that effect before the announcement is made and the prize awarded.

Address your entries to the Cookery Editor, Eve's Weekly, Bombay Samachar Marg, Bombay-400 023.



DR. RUTH BEARD:

TEACHING HOW TO TEACH

"The conventional, authoritarian method of teaching is effective only to make students learn, not think. It gives them no opportunity to question the teacher, and no practice in discussing issues."

As opposed to this is the theory of Jean Piaget, famous Swiss psychologist, who spoke of the child learning on his own through activity, and whose work has inspired Dr. Ruth Beard (quoted above), chairman of the Postgraduate School of Studies in Research in Education, University of Bradford, to change her own, and initiate changes into others' methods of teaching.

At the invitation of SNDT University, Bombay, Professor Dr. Ruth Beard recently gave four lectures to a large audience of local college teachers, school teachers, and students. Her main subject was the work of Jean Piaget, and its impact on education. She also spoke about research into teaching methods in higher education. In the U.K., university and college teachers, especially medical teachers, scientists and linguists are investigating the effectiveness of various teaching methods.

Dr. Beard's view is that in times of rapid changes, when knowledge soon becomes outdated in many fields of study, we need to foster students' capacity to think for themselves and to respond flexibly to changing demands. This requires that teachers at all levels should use methods which promote understanding and independent thinking.

Dr. Beard's major interest is in "Cognitive Development", i.e. the development of children's thinking of their capacity to learn concepts and develop their reasoning power. As a secondary school teacher, she tried to develop this in her students while teaching them mathematics, "though scope for doing so in secondary schools is not the same as in primary schools.

"I can't plunge straight into what is for the secondary school students an entirely different method of teaching. I have to introduce the method gradually.

"For example, while teaching mathematics, instead of just reading out theories to the students, I try to explain to them why they are learning them. I try to get the proof of the theorem from them. The emphasis is on getting the ideas from them. Then, there is the problem corner, for which they have to think out problems. Gradually, I can guide them to doing group work, or individual work."

Piaget's methods have influenced primary school teaching since the second world war and have now given rise to similar work on adolescent thinking. Primary education has changed substantially, with the emphasis on the children working on their own, working in the library finding out information, working on projects. This has affected all schools to varying degrees, but the effect in more concentrated in certain areas of England. The colleges of education have started training teachers in Piaget's methods.

Dr. Beard herself attended a school where the students were left to work on their own for half the day. And her own teaching experience made her realise that though she felt she was teaching well, she was in fact making no contact with her students. This led her to question the very system of education and the relationship between the teacher and the students.

How effective has the change been?

"Those who practise it believe that it has an effect. But right now, only tentative conclusions can be drawn. The number of variables — the area in which the school is situated, the teacher's personal prejudices, etc. — is too large to be able to generalise.

"However, some teachers have started recording complete lessons, to study the interactions in a class room, to study how the teacher talks. We can say with confidence that the teacher who is enthusiastic, who gives his students opportunities to question him, and uses their contribution, who comments constructively on their performance, is far more effective than an authoritarian teacher who is more concerned with their behaviour.

"Opposition has already started from a group called The Black Paper Writers, who feel that our methods are too free sometimes — some of the children, they say, can't even spell accurately. We can understand their criticism, but can only answer that their children are now learning different things."

Dr. Beard is also doing research work among immigrants in the U.K. with a colleague from the University of Bradford, Dr. G.K. Verma. Their research is among second generation Asians of the 14-16 age group, and the factors which help them to decide their vocation. They are also interested in knowing whether the process of migration has changed their attitudes and expectations towards jobs. Part of this research is being conducted by Dr. Verma in India on the type of curriculum prescribed in schools. This research will hopefully help the immigrants, the English students and the employers. "Our University school will soon be involved in a study of the effects of teaching Punjabi children in their mother tongue. Many of the immigrants are unable to speak English. They get little practice in it because of the tendency on both sides not to mix freely. Their families feel they shouldn't become too like the English!"

Dr. Beard also spoke at the Tata Institute of Social Sciences, Bombay University and the Bom-Teachers' Training College, Colaba. She led a seminar at the Indian Institute of Education at Pune with a group of distinguished professors and teachers, spoke at C.A.S.E., Ahmedabad, and at the National Council of Educational Research and Training, New Delhi.

MEN AS HOUSEWIVES— A NEW VOGUE

Having a baby in Sweden is no longer an experience reserved exclusively for mother.

Father is taking an increasing share — and enjoying it too.

More and more men are taking courses in baby care. These courses, free of charge and organised by the state, are designed to teach the father-to-be how to feed and hold a baby, how to change nappies.

And many Swedish husbands, accustomed to helping pregnant wives satisfy a middle-of-the-night craving for a large steak, a plate of potato chips or strawberries, are attending hospital for the birth of their babies.

Hospitals allowing fathers to be present at the birth of a baby are generally agreed that the experiment has been a success — even though a new father's whoop of joy sometimes wakes up other babies sleeping in a nearby nursery.

On returning home from hospital, many wives complain that their husbands are monopolising the new arrival and have to point out that a two-week-old baby cannot ride a bicycle, play with electric trains or ring toy telephones — points which the state fatherhood courses fail to emphasise.

Pram-pushing appears to be a growing hobby for fathers, and in Stockholm's play parks there are often as many fathers as children making sand-castles.

Some Swedish men are not content with changing baby's nappies and feeding him (or her). They want to go shopping, do the washing and ironing and other household tasks while their wives assume the role of bread-winner.

With cooking and other household chores forming part of the Swedish school curriculum, men feel that they are just as able to tackle domestic work as their wives.

At the same time wives are occupying more and more top positions in the industries and other professions.

While the number of men becoming full-time "housewives" is limited, families where both men and women work during the daytime and share chores in the evening are becoming more numerous.

Gone are the days when men considered the wife's place was exclusively in the kitchen.

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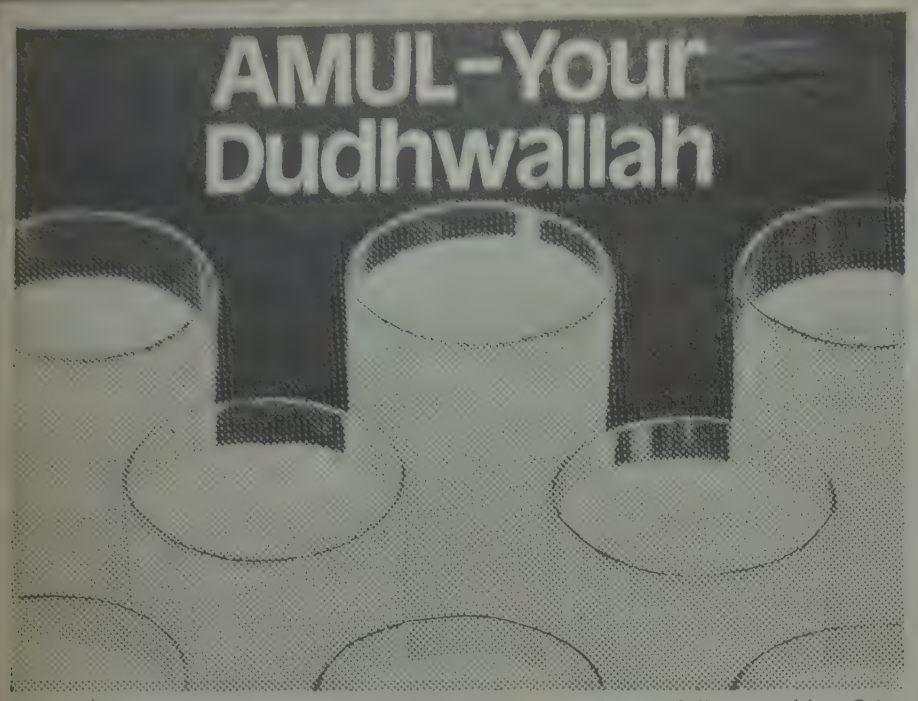
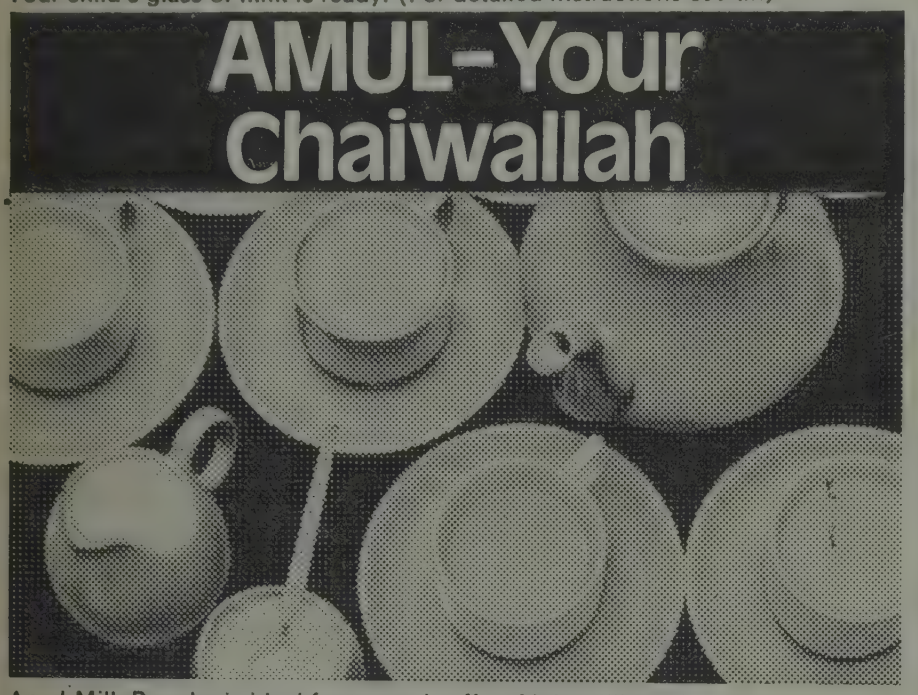
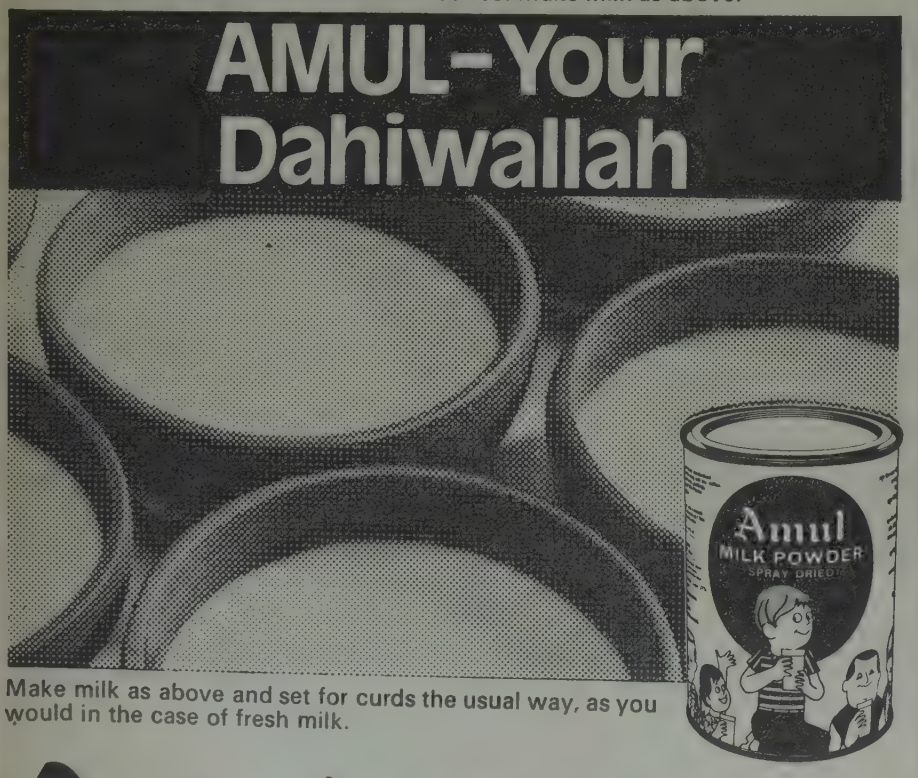


Put 2½ heaped tablespoons of Amul Milk Powder into a ¼ litre tumbler. Stir into a smooth paste with a little warm water. Add hot water up to top and stir. Your child's glass of milk is ready. (For detailed instructions see tin).



Amul Milk Powder is ideal for tea and coffee. Make milk as above.



Make milk as above and set for curds the usual way, as you would in the case of fresh milk.

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and one pigeon flew away

Thrity E. Bharucha

The moon hung like a saffron lamp in the night sky. The air was hungry for rain. She could not sleep. In fact, she did not want to sleep. It was a lovely night... people do not sleep through such nights. They live through them. So the night turns into eternity. Frozen into eternity in the memory book.

But most of her was dead. Like a butterfly pinned to a schoolroom chart. Wanting to fly. Quivering with life. Wanting to reach the stars. To touch the moon.

The fragrance of the earth was lifted by the breeze and wafted in her face. She turned to watch her husband. He snored continuously, drawing in his lips and puffing out his cheeks. The sleep of the dreamless. And she suffered from the dream of the sleepless. Disgusted, she turned away.

The clouds dawdled by like pregnant women across the sky. The night held an excitement that made her heart tremble. The soft breeze brushed against her lids and closed her eyes. And she put her head upon the windowpane as if laying it against the heart of someone she loved, and dreamt her wasted dreams. And a quiet tear sped down her cheek and splashed upon the windowpane. The pain within her increased as she heard her husband grunt and change sides. Her lonely soul found release in a shower of tears.

Freya Fraser was on the verge of her fortieth birthday. She had twenty years of faithful marriage behind her. Twenty years of lonely waiting. Waiting for something to happen. Waiting for a miracle to change her life. But aware that nothing would happen. That she would continue to live eventlessly, and die as others died. And yet she continued to hope. A hoping heart burns forever in anticipation. But Jon Fraser never realised that his wife needed something more than his prosaic love-making. Beyond the physical gratification which he enjoyed, there was nothing much he wanted. He was a clerk in a bank, and would become an officer in course of time. By the end of this year, he would finish fifteen years with the bank. Life was simple and straight for him. A dark night, trembling with rain, held no romance for him. But his wife hungered for what he could not give her — for what he did not even dream existed.

SHE HUNGERED FOR ROMANCE THROUGH TWENTY YEARS OF MARRIAGE. HE WAS A PROSAIC MAN, SATISFIED WITH PLEASURES WITHOUT FLOURISHES. SHE DREAMED OF CHANGE, OF ESCAPE . . . OF ROMANCE

He was down-to-earth in everything. She lived in clouds and mist. She would quiver with expectation each night as he drew her close, hoping that that night would be something different, something that would lift her soul to ecstatic heights. But like the leaf that trembles in the breeze in expectation of gentle raindrops, and gets soaked in a harsh shower, she got submerged in his graceless caresses, and the aftermath of the ordeal was a quiet cry, with him snoring peacefully in the background. There was neither beauty nor passion in what they went through. He could not make beautiful an otherwise common phenomenon. He had no imagination, no thought for her sensitive soul. In fact, he was actually embarrassed by what he did to her, by what he gave her. But he was blissfully unaware of the storms that raged in her heart.

Her thoughts were her subterfuge. She lived in them. She wondered sometimes whether she kept dreaming to keep herself alive, or whether she kept alive to dream. Life, which had seemed so honey-coloured in the beginning had turned out to be unbearably tasteless. Their love, which was nothing beyond a groping search in the darkness, bore no fruit. The Frasers were childless.

A woman of ambition, married to an unambitious man. She wondered how she had married him at all. Nothing about him

Continued on page 45

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SHASHI:

"WHY CAN'T A WOMAN BE MORE LIKE A WOMAN!"

N. Bharathi

Shashi Kapoor has the same charming greeting for me. "Eve's Weekly? What's Eve's Weekly going to do with me?" And he grinned wickedly, knowing jolly well just what the Eves in India saw in him!

The Eves in India have consistently queued up behind one handsome film star or the other. Rajesh Khanna was once in the daily dreams of girls all over the country. Today it's Chintu Kapoor.

But two men who are no teenagers (and haven't been in that category for more than two decades) and yet have consistent fan following among young girls, are Dev Anand and Shashi Kapoor. Shashi, in spite of being married and a father of three kids (and without hiding them in the cupboard), has managed to charm the females through every lousy film of his.

"What can you write about me? I'm such a boring guy. I've even been married to the same woman for the last twenty years!" This is his usual opening line at every interview. However, he warms up soon enough and though he hasn't the foggiest idea what women see in him, he is definite about what he'd like to see in them.

For starters, he grimaced, looking at my short hair and trouser-shirt, "What're you up to? Why don't you go in for an operation and change your name to Bharat? Tomorrow I hope you'll cut your hair shorter. Don't you want to compete with me?" All this in one breath. Most of the time he says these nasty things, just to be nasty. But what Shashi can't stand in women, is short hair ("It baffles me") and trousers.

In the morning, on his way to the studio, he's quite capable of putting his face out of the car window and pull a face at some unsuspecting teenager in jeans. "What're you girls up to these days? You call this dressing? Girls in India should only be seen in two dresses — a saree or a salwar-kameez. They've no business to wear anything else. Ah, don't give me that argument about going in buses and trains to office. You think women don't wear sarees and work in fields all over India?"

I gave up. And anyway, Shashi is entitled to his opinion. Besides his dislike of short hair and jeans, Shashi also hates the modern, liberated outlook of city women. "Look, I'm not against a woman working. My wife has been working and she's been designing my dresses for years and years. But what I don't like is a woman to be the boss. I'd hate to go back home every evening and wait for my wife to come back from work. That's not done. Every house needs a woman's touch. It's her job to keep things moving at home."

Shashi doesn't go in for dumb women. But the obviously aggressive libbers are also out of bounds. "We call it the navras, meaning nine emotions. A woman has to be made of these nine soft emotions. I like a woman in the role of a mother, a wife, a sister or a daughter. Nothing else really suits a woman."

Several of his co-stars wear their hair short, go in for trousers, spout liberation and smoke like chimneys. Shashi openly shows his dislike and keeps nagging Zeenat and Parveen everytime they touch a cigarette. "The only woman I have seen who can smoke very gracefully and look nice while she's smoking, is Sharmila Tagore. All the other girls look awful when they smoke."

From women to films, Shashi Kapoor's other pet subject. Unlike many stars who get worked up and rush to defend their work in films, Shashi is cheerfully frank about his performances (he laughs if you use the word). After giving a shot for some film, he'll walk up to you and whisper wickedly, "Histrionics. Did you see it?" His eyes twinkle mischievously and that puts a quick stop to any intellectual observations about the films "Aw, where else can you make so much money for so little work?"

The only project he's seriously interested in is "Junoon", which Shashi made with his own money (the distributors are stepping in only now after the film has been completed). The idea came to Shashi when he realised one day, that after 18 years of acting and minting money, he didn't have any film he could proudly show his grandchildren. While he raves over films like "Sikandar", which his father did, Shashi sadly realises that he himself has nothing spectacular to put away in the archives.

An admirer of Shyam Benegal's work, Shashi Kapoor went into production. It's too early to pass a comment on the film (soon to be released). But it will at least be a pleasant departure from some of the stuff one sees these days.

To Shashi goes the credit for not only boldly backing an art film with his own money, but also for giving a sporting chance to other artistes. Besides familiar names like Jennifer Kapoor and Shabana, "Junoon" stars two newcomers — Nafeesa Ali and Dipti Naval. Shashi Kapoor, the producer, has done his good deed with his very first production, for the two girls are already considered to be the two most talented newcomers in the industry.

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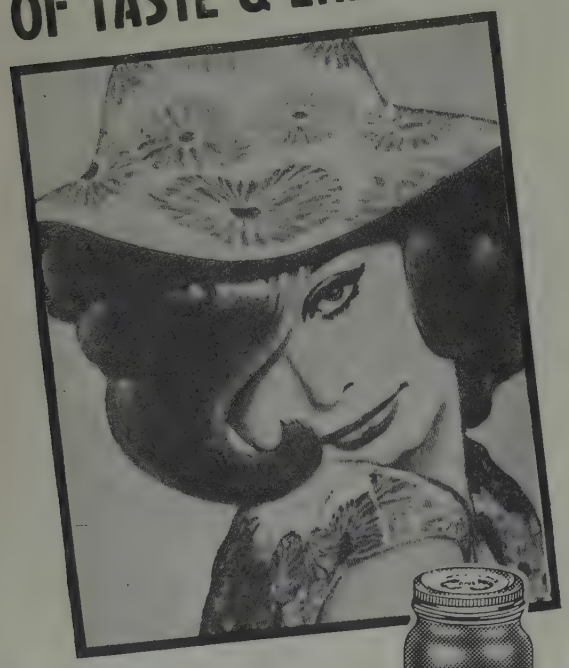

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interpub

AND ONE PIGEON FLEW AWAY

Continued from page 41

satisfied her. He was the sort of man any woman would ordinarily be happy to have as a husband. Sober, home-loving. Everything about him was just right. She really had nothing to quarrel with him about. It was his complacency that ate her up. If she was sick, he cooked their meals. If she needed something, he gave her the money. Everything about him was orderly and perfect. He oiled his thinning hair with the same carefulness. He stitched on his own shirt buttons, polished his shoes, manicured his nails carefully. He did not depend upon her for anything. She could not be a part of him as she had wanted to be. She was one more thing in his life. Not a vital part of his identity as she would have liked to be. Just a necessary commodity — like the shirt he wore, the food he ate. The things she had liked about him in the beginning were the very things which were destroying her now.

He had never cupped her face in his hands and made her world stand still. He had never looked at her the way a man who loves his wife looks — his look had never seared her soul — or caused her to feel that intensity of affection which she had wanted to feel. His fingers had never run through her hair with quiet affection. His embrace was never an embrace which would cause her blood to rise, it was only a clashing of bodies, which disgusted her.

She watched two pigeons on the parapet across. They were only two dark shadows in the night. They were quarrelling. Protesting loudly. The pair had roosted there since the last three years. She stared at them. They were making a din in the quiet of the night, pecking each other and stamping their feet. And suddenly one of them flew away into the black night. The other sat still for a while. Then put its head under its wing, and slept soundly. If only she could fly away. Somewhere. . .

The next morning she got up late. Everything was one big rush till her husband left for work. Sick at heart, she pottered around the house, trying to settle down for the day.

Around ten o'clock the telephone rang. She picked up the receiver.

"Hello," the voice was strangely familiar.

"Hello," her heartbeat quickened.

"I thought I would ring you up first thing today from the office. Can you make it today?" The voice was soft, gentle. "Just a cup of tea?"

"Yes." She did not know what she was saying.

"Oh, I'm so glad. So madam has at last consented." There was a certain satisfaction in the voice which did not please her.

"Shall we make it at six?" the voice continued.

"Yes." She sounded breathless and shaky. As if she had decided to take on a great feat. "But..."

"Oh, come on," he sensed her excitement. "Surely one cup of tea can do no woman any harm?" The voice was flippant.

She blushed prettily. There was a pause.

"Yes?" the voice was soft, almost caressing on the phone.

"You need a break, my dear. Or you'll go to pieces." The endearment kindled a glow within her.

"Yes," she stammered, her hand gripping the receiver tightly.

"I've been watching you all this while. You need a breath of fresh air. Change." The voice purred on.

"I'll come." But even as she said these words, her eyes rested on the pair of pigeons across. Friends again. Wooing each other. Her breath came in gasps.

"Listen," she was confused, "listen, supposing we make. . . we make it some other time..." Her face turned crimson with shame. Cringing. Cringing again. Hiding. "I've just remembered that today. . ."

The phone clicked impatiently at the other end as the receiver snuggled into its cradle.

The pigeons were quarrelling again. Something had gone wrong.

"Hello," she called into the dead phone, "Hello. . ."

And one pigeon flew away.

CHITRANGADA:

AN EYE FOR PERFECTION

Chitrangada has the rare luck of having been born of two famous artist parents — Kanwal and Devyani Krishna. Kanwal initiated her into photography at the early age of 12 years. Now she is 33 years old and a champion photographer. She belongs to the small minority of women photographers in India, mainly because, as she says, she had her father to teach her. There is no institution in the country which teaches photography. The photographers who work with newspapers, journals and magazines are simply the "click-click ones." Their work does not rate as art.

For Chitrangada, it is just the other way around. She goes about her work "scientifically." She plans out her compositions and then clicks the shutter. Many times, she builds up the photo from several small pieces — a tree here, a rock there, a butterfly hovering above.

She tells us that she has to her credit no less than 40 awards, both national and international. Talented Chitrangada says that when her photo wins a first prize in an open competition and it is acclaimed as something new, she accepts this bouquet with grace. Apart from the camera, she is a well-known batik and graphic painter, too and she says these activities are complementary. Photography helps an artist because many a time, he may record an image and later, in his studio, paint it.

Chitrangada says that in India appreciation of photography is lacking. It is only recently that it has come into its own. People

think that taking a photo simply means picking up a camera and "clicking." For this reason, even youngsters today cannot be "groomed" to acquire the patience true photography requires. Chitrangada has reason to say this because she has seen children everywhere with this attitude. They just do not realise that photography requires discipline. There is no understanding of aperture, focus, timing — in short, of nothing. But these technicalities make all the difference.

Chitrangada, who has recently started teaching photography at the Triveni Kala Sangam, says that a free-lance photographer faces difficulties if there is no proper studio and equipment.

The first award came to Chitrangada in 1964. She has won prizes in Japan, Australia and in the U.S.A. These have been tough competitions in which both men and women competed. She has acquired bronze medals in these countries and has established a name in circles that matter. Chitrangada enjoys the membership of the Photography Society of America and in the "Who's Who" she is the only photographer who has been consistently mentioned every year from amongst the ten to fifteen from India.

She is an honorary member of the New York Photographic Society and six new works of hers have been acquired by them for their collection.

Chitrangada's photographs, along with her husband O. P. Sharma's, one of India's top photographers, have been sent to all the other societies in the U.S.A. by this society. Her photographs have also been acquired by the Australian Museum of Photography. She was declared "Photographer of the Year" 1973 among both men and women in India.

Chitrangada is also a linguist of no small stature. She has acquired fluency in Norwegian, French and German and is competent in writing and speaking Hindi, English, Marathi, Punjabi, Gujarati and Nepali.

Chitrangada is a highly intuitive photographer. In the dark room, she knows that in six minutes her photo must be taken out, whereas the "timer" would have indicated eight. And she has never erred in her intuitive judgement.

Does Chitrangada think that photography has scope in India? Not unless we change our views. Indians move with the fashion and because of this, do not know what they want. Even in the selection committee, the judges who are conversant with the technicalities, award her prizes for perfect technical presentation, but they are unable to achieve rapport with her work. They do tell her that her work is different, but they have never wanted to find out the difference.

While Chitrangada practises photography for photography's sake, she also does commercial work for book covers and interior decorators. A widely travelled woman, her aspiration is now to go to Africa, Spain and Mexico. In the meanwhile, this remarkable woman has the distinction of being India's only woman photographer to have bagged so many awards and the only woman photographer to have maintained her high standard over the years.

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DOPE: FROM 'KICK' TO SELF-DESTRUCTION

In this world of increasing tensions, people want to get away from the reality, to be free from all responsibilities and commitments. They then take to drugs and other intoxicants, some because it is fashionable, others to forget their miseries.

Usually it all starts casually, for fun, and then it becomes an addiction; the person falls into the clutches of drugs and intoxicants until he is ruined physically, mentally, socially and economically. Such a person cannot lead a normal life or pursue normal activities, so much so that he is unable to earn his living. He loses contact with the realities of life. Let us analyse the various aspects of these intoxicants.

THE VARIOUS SUBSTANCES: The commonest intoxicant is alcohol. Besides, opium, cannabis indica, marijuana or Indian hemp (bhang, ganja, charas) are quite commonly used. Several drugs like cocaine, amphetamine, morphine, pethidine, etc., are also consumed for this purpose. These are taken orally, inhaled or injected.

PEOPLE TAKE TO DRUGS AND PILLS TO GET RELIEF FROM THE TENSIONS AND FRUSTRATIONS OF LIFE. SOON THE DRUGS TAKE OVER THE LIFE, AND A REASONABLY HEALTHY PERSON BECOMES A SERIOUS HOSPITAL CASE

Whatever the mode of intake, once inside the body these chemicals affect the body in general and the brain in particular and give rise to an intoxicating sensation which numbs pain and relieves anxiety. The severity, duration and nature of the effect depends on the substance used, its action, its dose, and the personality of the consumer.

While some of the substances are excitatory and produce euphoria, there are others which are depressants. They produce a sleepy state; the person loses self-control and becomes immune to most of the normal sensations.

However, most of these drugs are useful medicines. Pethidine and morphine are excellent pain killers; tranquillisers are very effective in calming down an agitated mind; amphetamine is very effective in enhancing mental work power. It is their abuse that is harmful.

A group of youngsters indulging in various kinds of dope.

CANNABIS INDICA, ET AL: Bhang is very popular in Northern India, specially in Uttar Pradesh. It is consumed with milk or water or other liquids. It is often taken as a stimulant for appetite. Bhang is not addictive in the sense that a person does not have to increase the dose of his daily consumption, nor does he develop any serious withdrawal effects.

After consuming bhang, the perceptions are slightly impaired, appetite is increased and the person feels light-headed. The effect lasts for a few hours depending on the dose.

Akin to this is marijuana (charas, ganja). This is usually smoked in a cigarette or hukka. The person feels euphoric and enjoys every minute of his living. He likes loud music and lives in his own little world. If it is consumed in large doses over a long period, marijuana can cause a kind of toxic confusional state — psychosis, indistinguishable from schizophrenia in general. Such persons may quietly sit for hours in bizarre postures. Once in this state, the person may refuse to eat or drink. His attempts at expression are vague and mystic, his emotions are flat or fragmentary. At times, he may suddenly become violent. In the case of marijuana too there is no true addiction, and the withdrawal symptoms are minimal like insomnia, restlessness, decreased memory and nausea.

MORPHINE AND ALLIED ADDICTIONS: Akin to morphine is pethidine, but this has to be taken by injection. Morphine and pethidine in medical doses are very good pain-killers and they have a hypnotic effect as well. Heroin is more potent than these, and its production is banned all over the world, though addicts still manage to get it. It has to be injected. Doctors, nurses, ward boys, and people connected with the pharmaceutical industry can get these drugs easily, and hence more of them are addicted to it. Initially, these are consumed to reduce pain but then, as one gets a kick out it, it becomes a habit. Once addicted, the person will go to any extent to get a shot. He is so demoralised that he is prepared to commit the biggest crime just to get his shots.

Heroin or pethidine addicts are hard-core addicts, and therefore more difficult to cure. The addict is usually thin, wan and looks drowsy, his eyelids droop and his speech is slow, at times to the point of inaudibility. The most important physical sign is a pin-point pupil. If you look into his eyes, you will notice that his pupils are very small, do not react to light adequately, and on both sides they are pin-pointed. Since the pethidine or morphine addict has to take the drug by injection, he has numerous puncture marks all over his arms and legs. Some of these scars may be infected as these people hardly take any aseptic precautions. In both opium and pethidine addicts, the pulse and respiration are slow, and they often have low blood pressure.

SLEEPING PILLS: Barbiturates are broadly grouped into slow acting and medium acting, depending upon their speed and duration of action. Barbiturates help in going to sleep, and with increasing tensions and pace of life, more and more people are taking to sleeping pills, but this kind of sleep is not like natural sleep because on waking up the person experiences a hangover. During barbiturate-induced sleep, the electrical pattern of the brain is different from that during natural sleep. These pills are habit forming, and the most notorious among them is seconal sodium.

A barbiturate addict cannot keep his balance properly, his speech is thick and slurred, he neglects his clothes and looks, he loses weight. The pulse is very rapid and there is a thick fur on the tongue.

L.S.D. (lysergic acid diethylamide) is another potent and habit forming drug which is popular in western countries. It is very effective even in small quantities. It can be synthesized in laboratories

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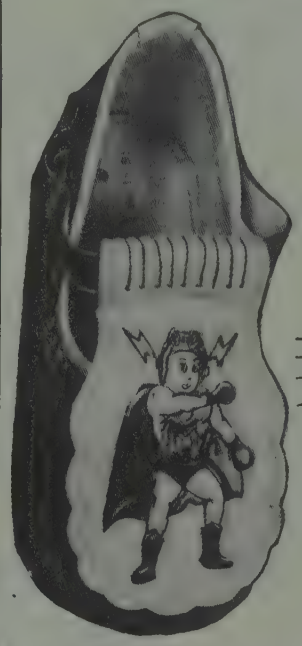

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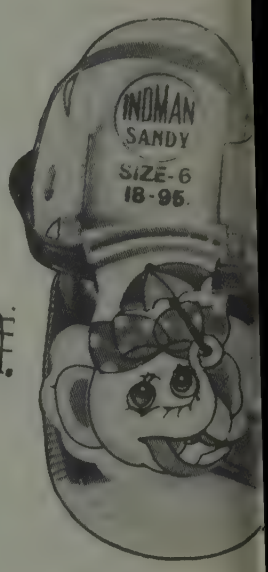

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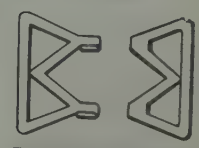

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DOPE: FROM 'KICK' TO SELF-DESTRUCTION

AMPHETAMINE: Contrary to the depressant drugs that I have discussed so far, amphetamines are stimulants. They are popularly known as pep pills. Taken in large quantities for a long time, they induce a psychotic state, indistinguishable from schizophrenia. Usually young, immature, highly sensitive, psychopathic and frustrated people take to these drugs to pep themselves up and they keep taking them to avoid the hangover that follows when the drug wears off. It becomes an addiction, and eventually they may tolerate more than 20 to 25 times the usual prescribed dose.

An amphetamine addict is full of confidence, euphoric; he speaks rapidly, is extremely restless and there is an obvious speeding up of the thought processes. His attention wanders from topic to topic and action to action so that neither he nor those around him are able to comprehend what he is saying or doing. The tongue is usually dry, the voice hoarse, the pulse is rapid and the blood pressure may be high. There may be a yellow coating on the tongue from chewing yellow pep pills. Large doses over a long time can produce amphetamine psychosis which is a severe mental disorder. Here, the patient has terrifying auditory hallucinations. These drugs are also indiscriminately used by obese people to reduce weight.

HOW TO GET RID OF THESE HABITS: As in the case of alcohol addiction it requires team work. The team comprises a physician, social workers, and relatives and friends of the patient,

Certain drugs are taken intravenously by injection.

RIGHT: A man who died of amphetamine poisoning because of overdoses of the drug.

and is headed by a psychiatrist. It is preferable to keep the patient in a hospital for the first few days where he can be looked after round-the-clock. First of all, with psychoanalysis, the doctors try to determine the hidden causes for these habits, and then try to give the patient psychotherapy and motivate him to leave the habit. It is a slow process, but with patience and proper handling, success is invariably achieved. Symptomatic treatment is sometimes essential in case of withdrawal symptoms. These patients should be given a good nourishing diet with adequate vitamins.

THE WITHDRAWAL SYMPTOMS: The first day of abstinence is not bad, but gradually the patient becomes restless, his eyes and nose have a watery discharge, he sneezes, cannot sleep and becomes irritable. Some patients may get diarrhoea and some have tremors in their hands, some people lose their mental balance and talk irrelevantly. They get hallucinations. These patients need to be calmed down by tranquillisers.

Out of every 1,000 people two or three are addicts of various drugs and their number is on the increase. It is absolutely necessary to make people aware of the bad effects of these drugs and mass education propaganda must be undertaken at all levels. It is no use ostracizing or neglecting a drug addict. On the contrary, he should be shown sympathy and should be persuaded to leave the habit. Tactful handling by everybody around him will bring him back to normal life.

LIMERICKS

There was a young lady called Rose
One day in the nude she did pose.
Her mother said rudely
"Must you act so crudely?"
Now she poses with rings round her toes.

* * *

A sad, lonely spinster, Miss Beck.
Said, "I think I'll try suicide, by heck!
With a rock round my throat
I'll go on a boat
And leap off the promenade deck."

* * *

It was her first ride in a plane
She took suddenly ill, it was plain.
And quick as a trick
She got very sick
Again and again and again.

There was a young girl called Miss White
With a frightfully large appetite.
She ate a whole ham,
Frog's legs, chicken, jam,
And ended with Danish Delight.

* * *

A lady who called herself Jean
Was really exceedingly mean.
She broke baby's rattle
And threw stones at cattle
And did it where she could be seen.

* * *

A pretty young lady, Miss Jane,
Was violently pinched in a train.
She said, without reeling,
"It's quite a nice feeling,
I wish he would do it again."

* * *

There was a young lady called Helen
Who daily ate one slice of melon.
Once in an arcade
She sipped lemonade
And she slipped through the straw and she fell in.

* * *

She married a man with a billion
They met when she fell from a pillion.
She was young, she was gay,
She spent money like hay,
Now her husband's worth only a million.

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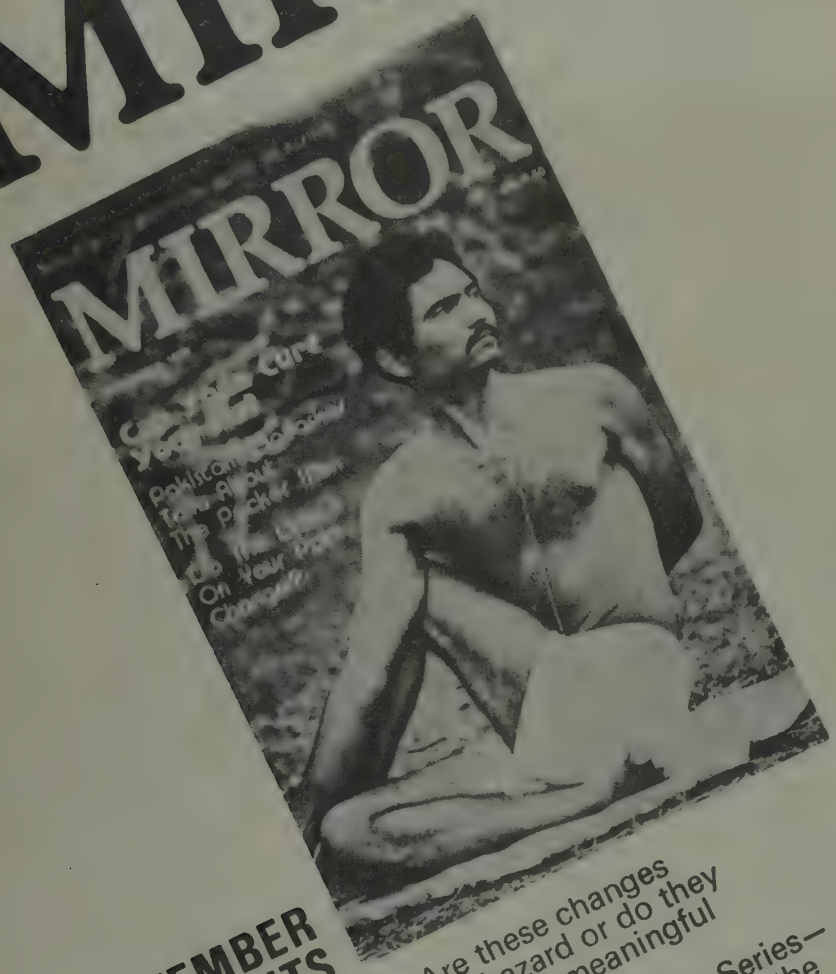

NOVEMBER ISSUE HIGHLIGHTS

1. Can Yoga Cure Your Ills? —Is the true value of yoga in the realm of spiritual consciousness or does it lie in preventing and curing diseases?
2. The Man Who Tracked Down Adolf Eichmann— The Story of Tuvia Friedman, who hunted the Nazi, Adolf Eichmann, for 15 years.
3. The Wolf Boy of Sultanpur—Put in a rehabilitation home, he still howls, recalling his wolf friends.
4. Vallathol Narayan Menon —The people's poet of Kerala. K.P.S. Menon reviews his life and times.
5. Do the Lines on your Palm Change?—Your Heart, Head and Fate lines may have changed course.
6. The Pakistan Test Series— Are these changes haphazard or do they follow a meaningful pattern? Gavaskar talks about the Packer Men Threat.

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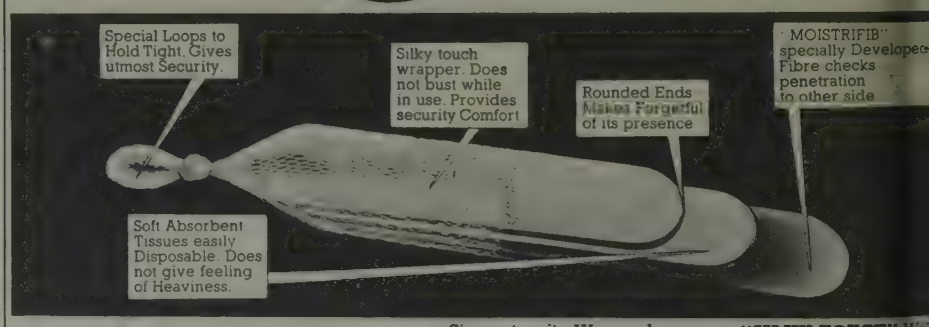
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Incentive

madam im adam

I opened the door and found myself staring at something straight out of a nightmare. First of all, my nose reached his nipples. To look into his eyes was like looking at the moon. His face was scarred and would have scared Alfred Hitchcock into a frenzy.

Recovering quickly, I said, "Please come in." He did so. He said "My name is Roscoe Hemingway, but everybody calls me "Bud." I sat down and said, "Now what can I do for you?

He put a hand the size of a saucepan into his bushcoat pocket and came up with a letter. He said, "It's from Mike, and explains all"

I took the letter and read it. "Pal," it said, "may I introduce Roscoe to you. Don't be afraid of his looks, he's as harmless as a lamb and has a heart as large as his body. He needs a few books which I know you have. Please let him have them. I promise that if he so much as dog's-ears a page, I'll buy you a new copy. Thanks. Love and kisses. Mike."

* * *

I pointed at the two modest bookcases I had and said, "Sure, it's okay. Help yourself."

Instead he handed me a list and said, "This is what I need. Any of their works will do. And believe me, I'll treat them with tender loving care."

The list wasn't long. He needed books by Shakespeare, Dickens, Bernard Shaw, Jim Corbett and Ruskin Bond. I hadn't touched these in some time, so I had to cast my eye around a bit. But I got them and handed them over.

* * *

"Thanks," he said. "If you're wondering why I want them I'll tell you. I've got a little lecture tour coming up in two weeks. I cover a few educational institutions in South India extending over ten-days. Before I go, I've got to get my nose into these books and burn a little midnight oil."

Surprises never cease! Imagine a guy who looked like Frankenstein's monster having enough on the ball to be a lecturer.

I said, "Well, I wish your tour turns out a success. Now, what's your favourite gargle?"

* * *

He poured himself a slug big enough to sink a ship. I helped myself too and asked, "Which towns are you visiting?"

He said, "Cochin, Quilon, Trivandrum, Vizag, Madras and Bangalore, but not necessarily in that order."

* * *

Then the front door opened and the kids came in. They said, "Hi, Pop" to me and "Hello" to Bud and went away. I could tell they were resisting the impulse to break into a run.

"A bunch of nice kids," said Bud. "You know I love kids. If ever I get married, I plan to have six. At least."

"Well, that wouldn't put a strain on you," I said. This guy was strong enough to service a whole fleet of beauties from Baghdad. After a couple more drinks, he thanked me again and was on his way. A few weeks passed, and I had a letter from Bud. Among other things he said, "One book you gave me had the right jacket but inside was 'The Diner's Club Drink Book.' But don't worry. I fed three of the cocktails in it to a girl in Bangalore and she almost swooned in my arms. We're a regular twosome now. You know something? I might get married after all and start on those kids. Regards. Bud."

If he did, I thought, there was one filly in for an earth-shattering honeymoon.

G'bye now!

Adam

frankly speaking

Devi

One thing is sure, the "Trishul" makers have given up the ambition for 'immortality', world headlines, etc., and are reconciled to the truth that they have reached their peak in life with "Trishul", and have opted for stamps with their faces on them. The stamps have come out on the eve of the "Trishul" silver jubilee. They will be available at Commerce Centre, Tardeo.

And I was wondering who would buy the stamps (even for a school collection) with faces like "shiny tops" Gulshan Rai, Yash Chopra or the ones with a mop of hair like Salim Javed.

And the stars, who have sellable faces, cannot be recog-

'TRISHUL': Shiny Tops For Free

nised since they are 'three-in-one' — one with Amitabh, Sanjeev and Shashi and the other with Raakhee, Hema and Poonam. The "Trishul" unit and their brainwave Amarjit are also as doubtful as me. So, the stamps are available free.

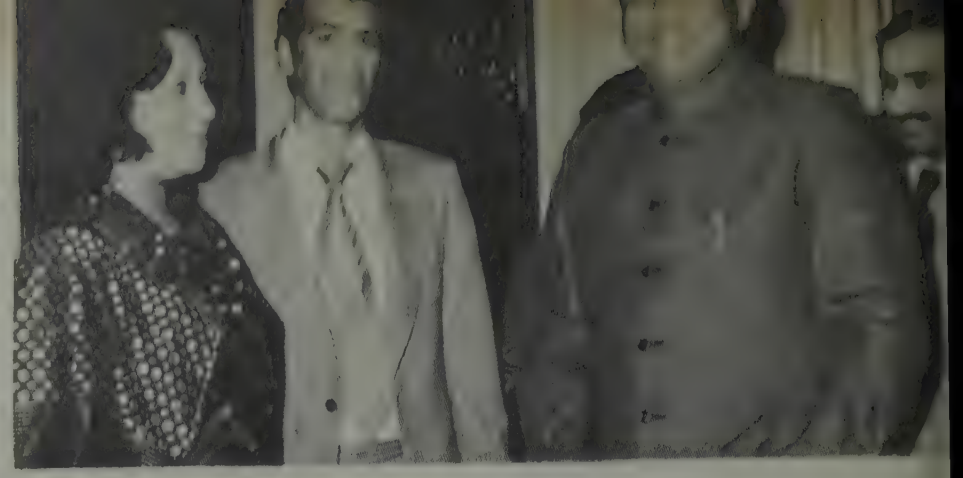
And Javed seems to have run out of luck though he was taken on a two-day trip to London by Ramesh Behl to see a certain film and copy it frame by frame.

And almost on the eve of his London "loot maar mission" he was thrown out of a press conference held by the commissioner of police, Bombay. The press had been called for a briefing on Billa and Javed gate-crashed there and insisted on asking questions to make his presence felt. (If he wanted the details for a script he could have met the police privately.) The journalists asked the authorities to throw him out.

Salim Javed bring me to Amitabh who is carrying their "Don" to full houses. He panted through the jackpot of five films, but is now down with jaundice almost on the eve of the release of Prakash Mehra's "Mukaddar ka Sikandar". The film will decide a lot of things. When someone remarked that Salim Javed are anxiously waiting for the film to flop, I said, "They are not that foolish, for Amitabh may be a 'shola' (koyala) sparked by them but now they are pakaving their roti on this koyala. How can they want Amitabh

people and events

The Leo Club of Mulund organised an Inter-School Folk Dance Competition in Bombay. Seen on the occasion are (from left) Mr. V.R. Sampath, judges Mr. Santhanam, Mrs. Bhagyarashi Oke, Miss Aditi Vijay Merchant, Mr. Dilip K. Parekh, chief guest, and Mr. N. Chandrashekhar, Leo President.



Mr. Sharad Pawar, Maharashtra's Chief Minister, inaugurated the silver jubilee year of the Indo-Arab Society at a function held at the Taj Intercontinental, Bomby. With Mr. Pawar are (from left) Dr. (Mrs.) Najma Heptulla, Mr. Faisal Essa Yousuf, Consul General for Kuwait, and Dr. Yusuf Al Mugharif, Libyan Ambassador in India.

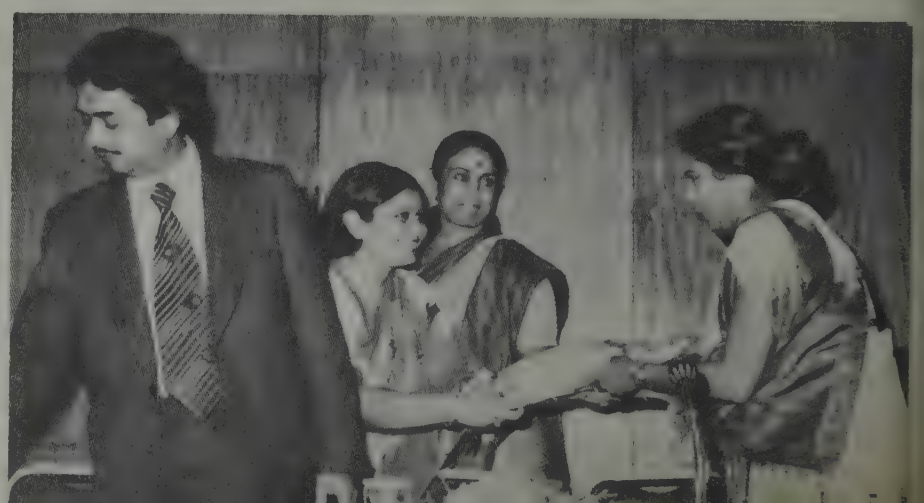
Lt. Gen. S.L. Menezes, Vice-Chief of the Army Staff, Mrs. O.P. Malhotra, and Mrs. Nirmala Kumar at the exhibition of paintings of Mrs. Kumar held at the Lalit Kala Akademi, Delhi.

LEFT: Mrs. Tapati Mookerji inaugurating the exhibition of "Cozy Kids" of Ladies' Welfare Organisation, which employs destitute women to produce woollens and embroidered sarees in Calcutta. Mrs. Sudha Narayan is on the extreme right.

ABOVE: At the seminar on Mental Retardation organised by the Andhra Pradesh Association in Hyderabad are (from left) Mr. R.M. Vithalani, Mrs. Uma Reddy, M.L.C., Mrs. Roda Mistry, Mr. P.V.B. Rao, and Dr. Shanti Narayan Mathur, Director of Health & Medical Services.

LEFT: At the inauguration of the "Amrapali" boutique for hand-painted sarees designed by Sabita Radhakrishna, in Egmore, Madras.

BELOW RIGHT:
Miss Munira Jamal, Sales Officer, Travel Air, presents a bouquet to Miss P.T. Saraswathy, Tamil Nadu Minister for Social Welfare, at the inauguration of the Madras branch office of Travel Air at Hotel Chola. Others in the picture are Mr. Nagaraja Gupta, Managing Director, Travel Air, and Mrs. Shanta Venkatraman, Liaison Officer.



bombay

The Rotary Club of Bombay organised a medical camp at Lonavala, in co-operation with the Rotary Club of Lonavala and the India Sponsorship Committee which has adopted Bushi village from where most of the children come.

About 340 children were examined at the Lonavala Municipal Hospital. They were given ENT tests, and dental, skin, ophthamological and thoracic check-ups. Follow up treatment will be provided by the Rotary Club of Lonavala. A team of 15 doctors from Bombay, paramedical staff nurses from Jaslok Hospital and staff from Conwest Jain Clinic examined the patients.

The club donated medicine worth Rs. 7,000, while prominent pharmaceutical companies also gave medicines worth the same amount.

* * *

The All India Handicrafts Board and the Shilpi Kendra jointly organised an exhibition-cum-sale of Bihar handicrafts at Shilpi Kendra. On display were attractive metal ware, stone work, wooden toys, bedspreads, colourful sikki grass items and Madhubani paintings.

Inaugurating the exhibition, Mrs. Shanti Sadiq Ali, wife of the Governor of Maharashtra, said the sale of these handicrafts would help the flood-affected people. She lauded the efforts of the Handicrafts Board in preserving rural arts and crafts against keen competition from factory-made items.

Earlier Mrs. Thrity Taleyarkhan, Chairman of the Kendra, welcomed the gathering.

* * *

The Sur-Singar Samsad is organising two competitions to select the best playback singers — Kal-Ke Film Sangeet Kalakar; and best music directors — Kal-Ke Film Sangeet Nirdeshak of the year. The participants are required to send in cassettes recording their songs/music compositions to the Samsad by November 25.

The best male and female singers will be selected by a panel of judges at a function to be held at Rang Bhavan on December 19; while five best music directors will be presented at a function at the same venue on December 17. Further details can be had from the Sur-Singar Samsad "Arun", N. Dabholkar Road, Bombay 400006.

calcutta

A seminar on Medicine for the Masses, organised by the Consumers' Action Forum, was inaugurated by Mr. Prasanta Sur, Minister for Rural Development. Mrs. Renuka Ray presided. Mrs. Pramila Dandavati, Convener of the All-India Steering Committee for the Federation of Consumer Associates, along with six other members of her team, participated in the seminar. Several experts addressed the gathering.

madras

Maria Kala, daughter of Mr. Felix Arokia Raj, Deputy Controller of Stores, Southern Railway, held her Arangetram at Dharmaprakash. His Grace Dr. R. Arulappa, Archbishop of Madras and Mylapore presided over the function.

* * *

Under the auspices of the Vanitha Service Organisation, a Free Medical Check-up Centre, was inaugurated by Mrs. Sarojini Varadappan, Chairman of the Red Cross Society, at the Chinmaya Mission School in Virugambakkam village. On view was an exhibition on health to educate villagers on the importance of family welfare and sanitation.

bangalore

The Nava Jyothi Trust, which runs a training centre "Facility" for mentally retarded children, arranged a convocation meeting to present certificates to the candidates who passed their training scheme successfully.

Mrs. Delphine Alexander presented the certificates, while Mr. Alexander, Commissoner of Bangalore Corporation, presided. Jnanapith Award winner Shivaram Karanth was chief guest.

* * *

The Alliance Francaise arranged an exhibition of ceramics, batiks and graphics by the talented artist S. Ramalingam.

hyderabad

The Andhra Pradesh Association for the Welfare of the Mentally retarded held its first State seminar recently. Mr. Padmanabha Raju, who presided, said that Social Welfare funds will be channelised to help voluntary organisations. Mrs. Roda Mistry, Minister for Women and Child Welfare, stressed the need for helping beggars, the handicapped and the mentally-retarded children.

cochin

Voluntary service organisations have included medical care to the needy in their welfare activities. A plastic surgery camp was conducted by the Lions Club of Cochin. The Cochin Inner Wheel Club has prepared a scheme to provide artificial limbs to the needy. It is being implemented with assistance from the Oram Rotary Club in England. The Rotary Club of Cochin West has launched a scheme to eradicate malnutrition from a coastal village near Cochin.

ANSWERS TO EVE'S WEEKLY QUIZ CONTEST—9

1. Egattur Karunakaran, Ashok Kumar, Satbir Singh, Rajinder Singh, Prakash Padukone.

2. Comm. Alan B. Shepard.

3. Saints.

4. Elisha Graves Otis.

5. Portugal.

6. C. Rajagopalachari.

7. B. Shivrama Karanth, for his book "Mukkajjiya Kanasgulu" (Grandma Muka's Dream).

8. Charlie Chaplin.

9. Pope Paul VI; the first two names mean 'John the Baptist'.

10. Neptune.

11. Claude Monet.

12. Bass Strait.

Mr. R. Venkata Subramanian of Madras, who sent in the first all-correct solution, wins the first prize of Rs. 50.00

world of eve

VIMALA NAIR

Born into a family of singers, Vimala Nair chose to pursue dance. Kerala offered facilities only for folk dance, so she had to wait till her marriage to a Bombayite, and till her son grew up, to learn Bharata Natyam. "But I prefer Kathakali, and I can also understand its language. Unfortunately there are no facilities to learn it in Bombay."

Vimala is a post-graduate in Zoology and taught for a while in a Bombay college. But now she wants to become a professional dancer, and her husband is all in favour of it. She has been learning dance at the Nrityalaya under its director, Kumari Vasantasena, for the last five years.

She represented her college at youth festivals and has danced with her guru. Her Arangetram was held recently in Bombay.

Vimala is also learning Carnatic music.

ZEENAT KHAN

Zeenat Kan, who is 23, is perhaps the youngest cosmetologist, dietician and beautician in New Delhi. She runs the Zeenat Beauty Clinic. She was trained under Shahnaz Husain.

Zeenat is planning to go abroad for further training. "It is my ambition to become one of the best cosmetologists in the country. I am a perfectionist by nature," she says.

Zeenat has also done diploma courses in international cookery, batik and fabric painting. She is also learning singing.

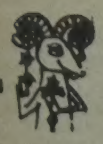
this week for you

IF IT'S YOUR BIRTHDAY THIS WEEK:

It's an 'opportunity' year, so be confident and also aware of what is going on around you. An important new relationship may absorb you but don't neglect the practical issues. You can boost your cash prospects considerably, also project yourself into a more rewarding way of life generally. If a major change has not yet occurred in your circumstances, this is certainly on the way and will be beneficial in the long run. A super social scene, chances to travel, to get into a new and fascinating circle. There will be heart-warming affection from loved ones, a full and satisfying love life. However, don't take people for granted in mid-1979.

John Naylor

For the week Nov. 5 — 11, 1978.



ARIES (Mar. 22 — Apr. 20)

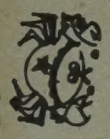
Now that troubles of the recent past are over, everything is in an uptrend for you, but this week, the first few days are the luckiest. In romance — and in everything else — take the initiative. Fresh faces and places will refresh you, also give you some good ideas. Consider changes and adjustments.

TAURUS (Apr. 21 — May 21)

All relationships need careful handling and especially your love life. However, if you have had a break in a relationship, this was probably inevitable and has been building up for some time. In other areas, be the first to make a friendly overture. If health has been a problem, improvement soon, but cash will be short.

GEMINI (May 22 — June 21)

The atmosphere will be restless, uncertain; you won't be able to push ahead as you would like. A lot of coming and going on the part of close companions will unsettle you; changes at work will be inconvenient. Unless you stay calm and refuse to be distracted by trivialities you will find yourself in a muddle.



CANCER (June 22 — July 23)

Lively and loving influences are helping romance along; new friends add sparkle to the atmosphere. Yet, one or two people might not be quite what they seem, so reserve your judgement. Extra money is on the way and you'll spot bargains this week. A relative or a working colleague puts an opportunity your way.

LEO (July 24 — Aug. 23)

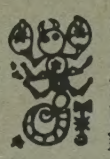
People will put themselves out to be charming as well as helpful to do you favours. Your opposite number will plan special treats and outings. All in all, it seems you just can't lose. A romantic week, also a lucky one for business matters — and future prospects look fine. Get into the limelight, make new friends.

VIRGO (Aug. 24 — Sept. 23)

In general, it is the new and unfamiliar which is lucky to you just now and, should a change occur at home or at work, this is meant to be and will gradually benefit you. You may be preparing yourself for an important interview. If you are nervous about this, you needn't be — your stars are helpful, your personality will please.

LIBRA (Sept. 24 — Oct. 23)

A very busy week but an enjoyable one. Get into fresh areas and activities, explore a bit. It's a time to make those minor changes you've been thinking about to get good ideas on to a practical, workable basis. If you need co-operation, this is easily obtained. Good news and a pleasing invitation through the post.



SCORPIO (Oct. 24 — Nov. 22)

A lot will depend upon how you handle the opportunities that should be coming your way. You are in a lucky and romantic period with Venus, that benign planet, in your sign until early 1979, spreading happiness, bringing joy to your activities. Definitely a time to use influential contacts, to make requests, ask favours.

SAGITTARIUS (Nov. 23 — Dec. 22)

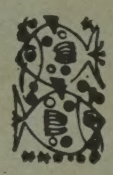
You should be feeling and looking good, will have that special something that attracts others to you. Vitality is high; there is an uptrend, healthwise and in most other spheres too. Romance is highlighted; a turbulent relationship could begin suddenly. The remainder of 1978 looks bright; push on with your main ambitions.

CAPRICORN (Dec. 23 — Jan. 20)

You might feel like making sweeping changes, but wait a week or two when your stars will be giving you extra zip and also helping your aims. This week you will get an ego-boost in working life from a quarter which pleases you, and surprises you. Social life is promising; if single, a romance should develop from present meetings.

AQUARIUS (Jan. 21 — Feb. 19)

If already involved in a romance, you may see less of your partner than usual this week. If heart-free, an unexpected journey may bring a new love. Friendships and fun are accented but the atmosphere is changeable. Don't spend recklessly; in fact, you should plan an economy programme from now into the new year.



PISCES (Feb. 20 — Mar. 21)

Planets affecting your sign from sympathetic angles will speed things up in a pleasing way, bring good news, also a travel invitation. Keep ahead of yourself, try to get up to date each day, and stay that way. It is a good week for interviews, correspondence, new meetings, also for making holiday plans.

next week

Eve's Weekly

ISSUE OF NOVEMBER 11, 1978

TEST-TUBE BABIES

are in the news, whether it is Louise Brown in England or our own little Durga in Calcutta. Dr. Rustom P. Soonawala, well-known and popular Bombay gynaecologist, discusses this news-making breakthrough in his field and what the future holds for it.

Bejan Daruwalla, well-known astrologer, tells what the stars have in store for the test-tube baby.

THE FUTURE OF FASHION

Resuming our series on social futures, this article, which includes interviews with leading fashion designers as well as the observations of the writer, herself a person who has been in the field of fashion for several years, takes a peep into the fashion world of tomorrow.

TAX DEDUCTION AT SOURCE EXTENDED TO WINNINGS FROM HORSE RACES

WINNINGS from horse races paid by bookmakers and race clubs have also become liable to deduction of tax at source with effect from 1st June, 1978.

If you are responsible for paying any winnings from horse races, your obligations under the Income-tax law are:

- As and when you pay to any person resident in India such winnings exceeding Rs. 2,500—
  DEDUCT tax @ 34.5 per cent (30 per cent as income-tax and 4.5 per cent as surcharge) at the time of payment.
- DEPOSIT the tax so deducted to the credit of the Central Government within one week from the date of deduction.The deposit may be made at any office of the Reserve Bank of India, or the State Bank of India or its subsidiaries conducting Government business or at a branch of specified public sector bank authorised to accept the payment of tax at the concerned station, through an income-tax chalan in Form No. 39, blank copies of which may be obtained from your Income-tax Officer.
- FURNISH to the person to whom the winnings from horse races are paid, at the time of payment, a certificate in regard to the tax deducted at source in the prescribed Form No. 19-BB.
- SEND to your Income-tax Officer a statement in prescribed Form No. 26-BB quarterly on 15th July, 15th October, 15th January and 15th April in respect of the tax deductions made by you during the immediately preceding quarter.

If you need any guidance or assistance, you may contact your I.T.O. or the Public Relations Officer in the office of the Commissioner of Income-tax.

COMPLIANCE WITH TAX LAWS HELPS RESOURCE MOBILISATION FOR NATION-BUILDING.

Issued by
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INCOME TAX DEPARTMENT
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Tick with the time

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